

OHIO HOUSE OF REPRESENTATIVES

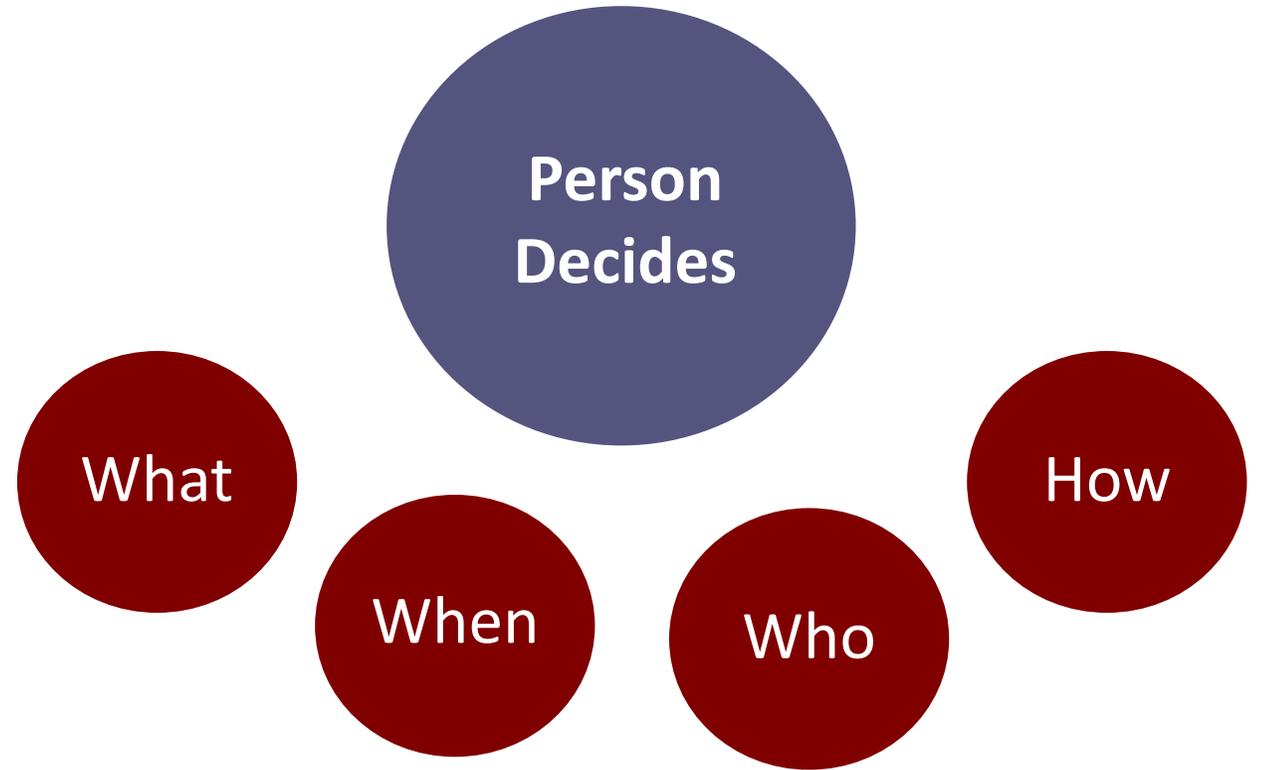
Aging and Long-Term Care Committee

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Defining Self Direction



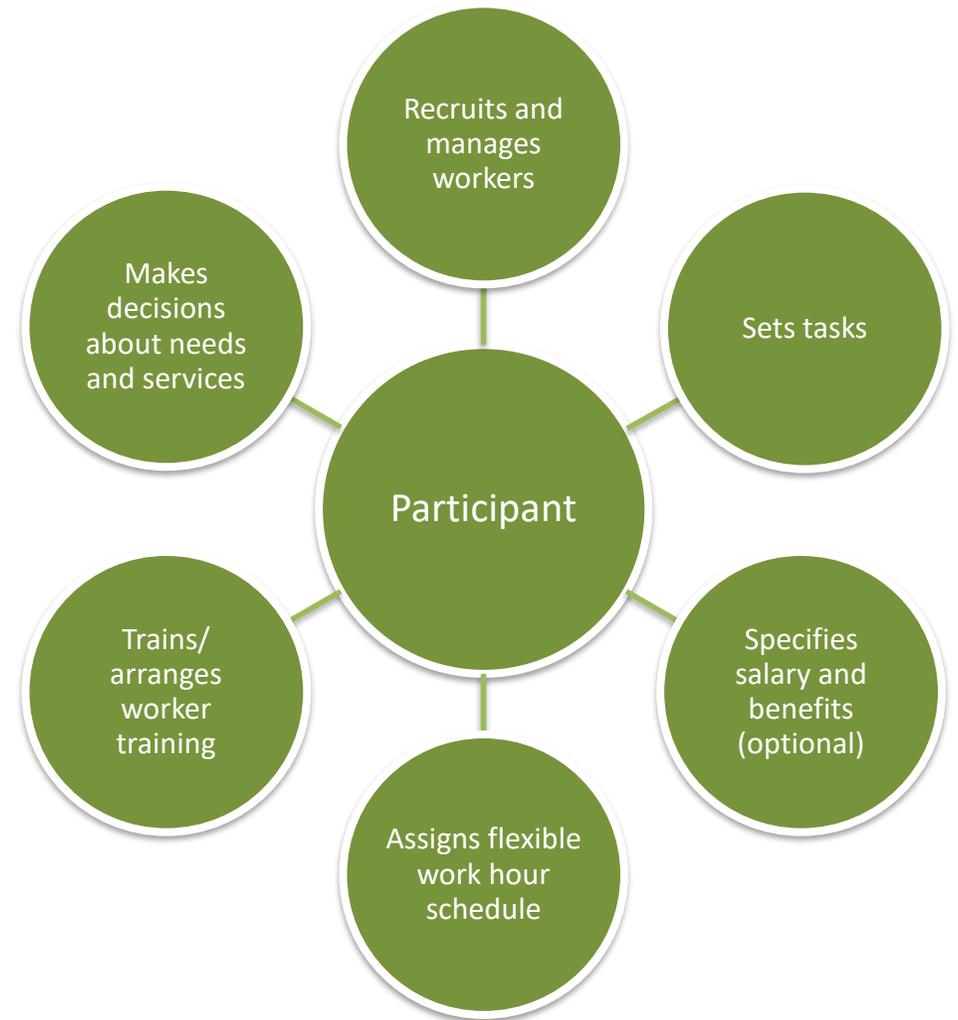
- Those who provide supports and services (employees) are accountable to the individual and/or representative.
- The freedom for one to plan his/her own life.
- Flexibility based on personal preferences.

Traditional versus Participant-Directed Services

Traditional Services



Participant-Directed Services



Research Findings

- Health and welfare
 - Display better health outcomes
- Service use
 - Modest increase in obtaining personal care and equipment
 - Individuals more likely to obtain services they need
 - When needs are met, use of higher-cost services is reduced
- Caregiver reaction
 - More satisfied with care arrangement
 - Expressed less emotional strain
 - Most felt well-trained to perform duties



Research Findings

- Positive influence on the quality of life
 - Increased satisfaction
 - Enhanced feeling of safety
 - Continuity of care
- Improves access to services
 - Participants receive necessary services
 - Significantly reduces unmet needs
- Promotes life in the community
 - Shown to reduce nursing facility placements even more than traditional services



SELF – DIRECTION *A Growing Trend*

Forbes

**DOES SELF-DIRECTED
LONG-TERM HOME CARE
MAKE SENSE FOR YOU?**

The idea of choosing your mode of long-term care is an evolving trend. There are now more than 1 million people in over 200 self-directed Medicaid and Veteran Directed programs across the county. Enrollment in these services has grown more than 40% since 2011.

– AUGUST 2018

Why Self Direction is Right for Many Ohioans



Allows greater access to services particularly in rural areas.



Expands labor force by creating new opportunities for caregiver employment.



Honors cultural uniqueness of individuals with workers.



Allows participants to be served by individuals they know and trust. Continuity is critical particularly for those with dementia.



Preferences may change over time.



Cost is same or less than traditional personal care services.



Facilitates easier access to services on nights and weekends.



Flexible budgets allow for persons to have greater access to community activities.

“Among a representative group of AARP members over the age of 50, **75% preferred managing services for themselves** over receiving care from an agency.”

-AARP Public Policy Institute



National Landscape

- Almost 1.2 million have selected the self-directed option.
- Every state has at least one self-directed program.
- Crosses all populations.
- Average size of program is between 1,500 and 2,000 participants.
- Covers State Plan and Waiver Services.
- Average number of participants self-direction is between 20% and 25% of the population who could self-direct.

Where is Ohio?

- Ranks 25th in home and community expenditures compared with expenditures for institutions.*
- AARP Scorecard for 2017 ranks 34th out of 51 states in providing Long-Term Services and Supports.**
- AARP Scorecard for 2017 ranks 47th out of 51 states in self-direction.**
- Ohio has less about 800 self-directing.
- Pennsylvania has almost, 17,500 self-directing. **
- Michigan as over 40,000 self-directing.**

<http://www.longtermscorecard.org/2017-scorecard>

<https://www.medicaid.gov/sites/default/files/2019-12/ltss-toptenreport.pdf>

Has Ohio Made Progress?

- Yes, Indeed!
 - Added self-direction to the Home Care Waiver.
 - Clarified the role of the employer vs independent contractor to comply with Department of Labor Laws.
 - Identified a new Financial Management Services vendor.
 - Ohio Administrative Code 5123-9-32 passes legislation to ensure consistency across waivers effective 1/1/2020.

OUR FINANCIAL MANAGEMENT SERVICES

| Core | Additional Services | Risk Management and Fraud Reduction |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none">» Ensure State and Participants Comply with IRS and Labor Laws» Manage Participant's Individual Budgets» Enroll Participants as Employers» Enroll Workers as Employees» Timesheet and invoice processing» Payroll and accounts payable» Customer service» Reporting to the State | <ul style="list-style-type: none">» Training for case managers and self-directed participants» Criminal background checks» Telephonic timesheet processing» Medicaid claims submission» Satisfaction surveys | <ul style="list-style-type: none">» Self-Directed participant spending reports» Payment via debit card» BetterOnline™ web portal technology» Care provider credentialing and directories» Program growth strategies» Technical assistance and training» Time4Care™ time capture mobile application |



Going Forward



Questions





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