



OHIO ADOLESCENT HEALTH CENTERS **Empowering Youth, Equipping Parents, Encouraging Educators**

The Ohio Adolescent Health Centers (OAHC) is a 501c3 non-profit collaborative of Ohio educators providing risk avoidance education for Ohio's youth. OAHC empowers youth to avoid risky behaviors including addiction to gaming and social media, alcohol, bullying, dating violence, domestic violence, drugs including opioids, gambling, non-marital sexual activity, pornography, teen pregnancy, and tobacco. OAHC encourages healthy relationships and healthy marriages to strengthen future families and reduce infant mortality.

Our mission is to **empower youth to avoid risky behaviors**, and to make decisions for **optimal** health and healthy future families. Our goal is to reduce **infant mortality**, non-marital teen pregnancy, sexually transmitted diseases and drug use.

- OAHC is a coalition of **10 provider organizations** working in 75 of Ohio's 88 counties.
- OAHC collaborators have been working with Ohio's schools, in some instances, since 1987.
- OAHC collaborators provide **Sexual Risk Avoidance Education** in both public and private schools in Ohio.
- OAHC members will reach over **85,000 students** in Ohio's schools this year. With proper funding OAHC members have reached over 250,000 students annually and served all 88 counties.
- OAHC organizations **fulfill Ohio classroom mandates** in education (per school request):
 - 3313.60(A)(5)(b): Tobacco, alcohol and drugs of abuse prevention education
 - 3313.60(A)(5)(c): Venereal disease education
 - 3313.60(A)(5)(e): Dating violence prevention education and healthy relationships (Tina Croucher Law)
 - 3313.60(A)(5)(f): Opioid abuse prevention education
- OAHC organizations **assist school districts in fulfilling these mandates** (per school request):
 - 3313.666—District harassment, intimidation and bullying prevention policy
 - 3313.667—District bullying prevention initiatives
 - 3319.073—Youth suicide awareness and prevention training and initiatives
- OAHC organizations provide guest classroom instructors who focus on the benefits of refraining from risk behaviors. The classroom education also addresses dating violence, healthy versus unhealthy relationships, social pressures, media influences, and building character. OAHC programming addresses the following **skills and strategies for healthy relationships**:
 - Personal responsibility
 - Self-regulation
 - Goal setting
 - Decision making for optimal health
 - Success sequencing
- OAHC organizations provide this educational component for a reasonable **cost of \$24/student/unit** (a unit is five sessions of classroom instruction at each grade level). ROI reports show millions of dollars saved for Ohio.
- OAHC programs are well-placed to **adapt to changing requirements** for student health education, acting as a one-stop provider for numerous education mandates.

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