Ohio House Aging and Long-Term Care Committee

Overview of the Department of Aging and Ohio’s Aging Network

Stephanie M. Loucka, Director
Overview

• The State of Aging in Ohio
• About the Ohio Department of Aging and the Aging Network
• Programs
  1. Older Americans Act
  2. State Long-Term Care Ombudsman
  3. Medicaid Home and Community-Based Services
• Looking forward
• Questions from Committee
Ohio is Aging

60-plus population:
Today: 2.5 million (19.8% of total)
By 2020: 2.9 million (25.2% of total)
By 2030: 3.3 million (28.7% of total)
By 2040: 3.4 million (29.3% of total)

85-plus:
2010 – 230,000 (2% of total)
2050 – 677,000 (5.9% of total)

Population growth from 2010-2030:
Total population: 2%
60-plus population: 47%
65-plus population: 46%
History of the Department of Aging

- **1965** – Older Americans Act
- **1966** – *Ohio Division of Administration on Aging*
- **1973** – *Ohio Commission on Aging*; The first of 12 Area Agencies on Aging established
- **1984** – *Ohio Department of Aging* (cabinet-level state agency)
ODA’s Purpose – Driven by “why”

**Why:** To ensure that older adults are respected members of society who continue to grow, thrive and contribute.

**How:** Position the State of Ohio on the leading edge of solution-driven innovation for the challenges and opportunities facing our growing and changing aging population.

**What:** We administer an array of high-quality, person-centered and well-coordinated services and supports.
Ohio’s Aging Network

• State Unit on Aging (Ohio Dept. of Aging)
  – Serves as statewide lead to coordinate Older Americans Act services to meet Ohio elders’ needs
  – Receives and distributes federal funding to area agencies on aging

• Area Agencies on Aging (12 regional offices)
  – Designated by ODA
Area Agencies on Aging

- Create local plans to respond to the needs of elders in the communities they serve
  - Are advocates, planners, funders and educators
  - Work with public and private partners to respond to the unique needs of elders & families
- Provide assessment and case management, plus information and referral
- House or coordinate with regional long-term care ombudsman programs (consumer advocates)
Advisory Council for Aging

- 12 Governor-appointed members
- 4 members from the General Assembly
- Directors (or designees) of sister state agencies

- Reviews plans, budgets and issues that impact older Ohioans
- Advocates for specific administrative and legislative actions
Person-Centered Focus

• Design services and supports *with* consumers, not *for* them
• Continuum of care services that are easy to access and seamlessly adapt to changing needs
• Choice of providers, services and home and community-based settings
• Care practices that allow staff to get to know consumers
• Better health outcomes, better for business
Older Americans Act Programs

• **Title III** - $44.8 million
  – Nutrition (home delivered and congregate meals)
  – Transportation
  – Evidence-based chronic disease self management
  – Injury/falls prevention
  – Health promotion
  – Legal assistance
  – Caregiver support
  – Home modification
  – Chore and homemaker services
  – Adult day services

• **Title V** - $3.8 million
  – Senior employment programs

• **Title VII** - $790,000
  – Abuse prevention
  – Long-term care ombudsman services

OAA serves approximately 250,000 Ohioans
Senior Community Services Line Item

• Approximately $7.1 million in Senior Community Services line item funds
• Used by our 12 AAAs to amplify federal and local levy dollars to support Older Americans Act programs and provide critical services that help our elders remain healthy and independent
• Used as match and maintenance of effort for Title III programs
• State funds are needed to draw down the maximum federal funds available to us
Senior Community Services Funding

- Transportation: 25%
- Personal Care: 17%
- Home Delivered Meals: 15%
- Case Management: 7%
- Home Maintenance: 6%
- Adult Day: 3%
- Homemaker: 2%
- AAA Admin: 12%
- ODA Admin: 5%
- Other: 8%
Alzheimer’s Respite Line Item

• Respite helps families care for their family member with a disability or illness at home.

• In 2016, 210,000 Ohioans over age 65 lived with Alzheimer’s Disease.
  – Expected to increase to 250,000 by 2025 (Alzheimer’s Association)

• Informal caregivers are the backbone of the long-term care system.
  – Provide more than three-quarters of all long-term care (Scripps Gerontology Center)
GRF Respite Services Include:

- Telephone support
- Support groups
- Education (family/caregiver, public, professional)
- Adult day services
- Care consultation
- Personal care
- Homemaker services
Senior Employment and Volunteer Programs

- Engage elders in paid and unpaid worker roles
  - Senior Community Service Employment Program (SCSEP)
  - Retired Senior Volunteer Program
  - Senior Companion Programs
  - Foster Grandparents Program
  - Volunteer Ombudsman Associates

- Array of services performed by Ohio’s elders

- ODA works closely with Corporation for National and Community Service (Senior Corps) and Governor’s Office of Workforce Transformation
Office of the State Long-Term Care Ombudsman

• Investigates complaints about home care, long-term care facilities and comments on laws, regulations, and policy

• Administers the Long-Term Care Consumer Guide (www.ltc.ohio.gov) and conducts family and resident satisfaction surveys

• Ohio is one of 13 states to expand the Office to include home and community-based care

• Supports MyCare Ohio participants

• Educates plans and providers

• Develops and promotes quality improvement programs

• Leads an interagency resident transition team for facility closures

• Budget proposal solidifies compliance with federal regulations and advances the program in Medicaid managed care

Mission: The Office of the State Long-Term Care Ombudsman Advocates for excellence in long-term services and supports wherever consumers live
Medicaid Home and Community-Based Services (HCBS)

- On behalf of the Ohio Department of Medicaid, ODA administers both the PASSPORT and Assisted Living Medicaid waivers.

- In addition, ODA administers PACE, which serves individuals in Cuyahoga County and provides all long-term services and supports in a continuum of care settings. (The capitated PACE payment includes nursing home and hospital costs.)
PASSPORT Administrative Agencies

The 13 PASSPORT Administrative Agencies are responsible for the day-to-day operations of Ohio's PASSPORT and Assisted Living home and community-based Medicaid waiver programs.
PASSPORT Medicaid Waiver

• Eligibility:
  – Medicaid financial criteria
  – Nursing facility level of care
  – Age 60 or older

• Services provided in the individual’s private residence

• Most utilized services:
  – Personal care
  – Emergency response system
  – Home delivered meals
  – Transportation

• Also eligible for Medicaid State Plan Services, including:
  – Home health
  – Durable medical equipment
  – Hospice
Assisted Living Medicaid Waiver

- **Eligibility:**
  - Medicaid financial criteria
  - Nursing facility level of care
  - Age 21 or older
- **Services delivered in a licensed residential care facility certified by ODA**
- **An assisted living setting can meet more of an individual’s unscheduled needs than PASSPORT.**

- **AL services include:**
  - 24-hour response
  - Personal care
  - Supportive services
  - 3 meals per day
  - Nursing
  - Transportation
  - Socialization and recreation
- **Community Transition Service**
  - Assistance obtaining essential items to establish a household
- **Also eligible for Medicaid State Plan Services**
## Consumers served with Medicaid HCBS

<table>
<thead>
<tr>
<th></th>
<th>PASSPORT</th>
<th>Assisted Living</th>
<th>PACE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Approx. unduplicated consumers served annually</td>
<td>28,100</td>
<td>4,400</td>
<td>500</td>
</tr>
<tr>
<td>Average age</td>
<td>74.4</td>
<td>80.7</td>
<td>76.4</td>
</tr>
<tr>
<td>Average length of stay</td>
<td>15.4 months</td>
<td>14 months</td>
<td>38.3 months</td>
</tr>
<tr>
<td>Average cost</td>
<td>$8,751 per year</td>
<td>$10,807 per year</td>
<td>Capitated Monthly Payment</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Medicaid-only: $3,553.37 Dual eligible: $2,394.19</td>
</tr>
</tbody>
</table>

SFY 2016
2017 Focus

- Community engagement
- Isolation
- Dementia strategy
- Technology
- Caregiver support
- Health and wellness
- “Front Door” access and education
- Abuse, neglect, exploitation
Questions?