

2017 JAN 9 AM 10:51 J.P.

STATE OF OHIO
Executive Department

OFFICE OF THE GOVERNOR

Columbus

I, John R. Kasich, Governor of the State of Ohio, do hereby appoint, Matthew J. Paylo, Ph.D, Independent, from Canfield, Mahoning County, Ohio, as a Member of the Counselor, Social Worker, and Marriage and Family Therapist Board for a new term beginning December 22, 2016 and ending at the close of business October 10, 2019, replacing Matthew J. Paylo, Ph.D, whose term expired.



IN WITNESS WHEREOF, I
have here unto subscribed my name
and caused the Great Seal of the State
of Ohio to be affixed, at Columbus, this
22nd day of December in the year of
our Lord, Two Thousand and Sixteen.

A handwritten signature in black ink, appearing to read "John R. Kasich", written over a horizontal line.

John R. Kasich
Governor

Matthew John Paylo, Ph.D., LPCC-S

Associate Professor
Department of Counseling, Special Education, and School Psychology
Youngstown State University
Youngstown, OH 44555-0001
(330)-941-3264; E-mail: mpaylo@ysu.edu

Education

Ph.D. in Counselor Education and Supervision

*University of Virginia, Charlottesville, VA
(CACREP- Accredited)- May 2007*

M.A. in Community Counseling

*Slippery Rock University, Slippery Rock, PA
(CACREP- Accredited)- May 2004*

B.S. in Communication/ Business

Grove City College, Grove City, PA - May 2000

Licensure

Licensed Professional Clinical Counselor (PCC) - (OH) - (E1000012)

Supervising Counselor Designation (S) - (OH)

University Teaching and Supervising

Associate Professor, Youngstown State University – Beeghly College of Education-
Counseling and Special Education (June 2014 - Present)

Assistant Professor, Youngstown State University – Beeghly College of Education-
Counseling and Special Education (August 2009 – May 2014)

Course Taught:

COUN: 6962- Counseling Theories
COUN: 6968- Research in Counseling
COUN: 7001- Counseling Practicum I
COUN: 7003- Counseling Children & Adolescents
COUN: 7013A- Diagnosis & Treatment of Children & Adolescents
COUN: 6980- Diagnosis of Mental Disorders
COUN: 7004- Practicum - Student Affairs & College Counseling
COUN: 7005- Internship in Students Affairs & College Counseling
COUN: 7010- MH Counseling Internship

Clinical Supervisor for:

COUN: 7001- Counseling Practicum I
COUN: 7004- Practicum - Student Affairs & College Counseling
COUN: 7005- Internship in Students Affairs & College Counseling
COUN: 7010- MH Counseling Internship

Adjunct Faculty - University of Virginia- Curry School of Education- Counselor
Education: EDHS 727 Research in Counseling (Spring 2009)

Clinical Supervisor - University of Virginia- Curry School of Education- Clinical
Psychology for EDHS 850 Clinical Practicum (July 2007- July 2008)

Graduate Teaching and Supervision Experience (UVA)

Supervisor for EDHS 839 Internship: School-Counseling Students
Supervisor for EDHS 750 Practicum: Mental Health and School-Counseling
Students
Supervisor for EDHS 729 Essential Counseling Skills Students
Co-Instructor for EDHS 839 Internship
Co-Instructor for EDHS 828 Marriage and Family Dynamics
Co-Instructor for EDHS 729 Essential Counseling Skills
Guest Lecturer for EDHS 724 Group Counseling Procedures
Guest Lecturer for EDHS 828 Marriage and Family Dynamics
Academic Tutor- Statistics in Behavioral Sciences: Stats I and II
Dissertation Consultant: Statistics and Research Design

Clinical Experience

Director of Mental Health Services - Fluvanna Correctional Center for Women, Troy
VA- May 2007- July 2009

(Supervised all Mental Health Services for 1200 women including intakes,
psychiatric services, crisis interventions, group treatment, individual treatment,
managing an acute psychiatric unit (Licensed by DMHMRSAS), 2 residential
mental health units (Licensed by DMHMRSAS), and supervising 3 psychiatrists,
1 psychologist, 6 mental health therapists, 2 psychiatric technicians, 1 clinical
psychology intern from UVA, and 1 administrative assistant.

University Counseling Coordinator- The Personal and Career Development Center,
UVA, Charlottesville, VA- June 2005- August 2006

(Supervised 15 Mental Health Clinicians in a college outpatient setting providing
Career and Personal Counseling)

In-Home Therapist- Family Preservation Services, Charlottesville, VA- Feb. 2005- July
2006

Mental Health Counselor – The Personal and Career Development Center, UVA,
Charlottesville, VA – Aug. 2004 – Dec. 2004

Individual, Family, and Group Counselor- The Bradley Center (A Residential
Treatment Facility), Canonsburg, PA- May 2003- May 2004

Therapeutic Support Staff- Mercy Behavioral Health (In-Home & Day Treatment
Center), Pittsburgh, PA – Oct. 2001- June 2004

Child Development Specialist – The Bradley Center (A Residential Treatment Facility),
Pittsburgh, PA – Jan. 2001- Jan. 2002; May 2003- Dec. 2003

Publications

Book

Kress, V. E., & Paylo, M. J. (2015). *Treating those with mental disorders: A comprehensive approach to case conceptualization and treatment*. Columbus, Ohio: Pearson.

Peer-Reviewed

- Stargell, N. A., Kress, V. E., Zolden, C., & Paylo, M. J. (Accepted). Hoarding disorder: Diagnosis, Assessment, and Treatment. *Journal of Counseling and Development*.
- Paylo, M. J. & Stargell, N. A. (2015). Excoriation disorder. In ACA (Ed.), *ACA: Practice Briefs*. Retrieved from: <http://www.counseling.org/docs/default-source/practice-briefs/excoriation.pdf?sfvrsn=6>
- Kress, V. E., Barrio Minton, C. A., Adamson, N. A., Paylo, M. J., & Pope, V. (2015). The removal of the multiaxial system in the DSM-5: Implications and practice suggestions for counselors. *The Professional Counselor* 4, 191-201.
- Kress, V. E., Paylo, M. J., Adamson, N., Baltrinic, E. (2014). Teaching diagnosis in context: Guided imagery as a pedagogical technique. *Journal of Creativity in Mental Health*. 9, 275-291.
- Paylo, M. J., Darby, A., Kinch, S., & Kress, V., E., (2014). Creative rituals for use with traumatized adolescents. *Journal of Creativity in Mental Health*. 9, 111-121
- Protivnak, J., Paylo, M. J., & Mercer, J. (2013). The perceived value of counselor preparation for student affairs professionals. *The Journal of Counselor Preparation and Supervision*, 5, 49-65.
- Paylo, M. J., & Myer, L. (2013). Sexual offender treatment. In ACA (Ed.), *ACA: Practice Briefs*. Retrieved from: <http://www.counseling.org/docs/practice-briefs/sexual-offender-treatments.pdf?sfvrsn=4>
- Paylo, M. J., Kinch, S., & Kress, V. E. (2013). Counseling the female sexual offender: Integrating a trauma focus into treatment. *Annual Review of Addiction and Offender Counseling: Best Practices (JAOC)*, 1, 172-188.
- E., Adamson, N., DeMarco, C., Paylo, M. J., & Zoldan, C. A. (2013). The use of guided imagery as an intervention in treating non-suicidal self-injury. *Journal of Creativity in Mental Health*. 8, 35-47.

- Kress, V. E., Adamson, N., **Paylo, M. J.**, DeMarco, C., & Bradley, N. (2012). The use of safety plans with children and adolescents living in violent families. *The Family Journal*. 20(3), 249-255.
- VanVoorhis, R. W., **Paylo, M. J.**, & Ellenwood, A. E. (2012) Bridging clinical and school based practices: Using collaboration strategies involving technology to meet the emotional and behavioral needs of children and adolescents. *The Ohio Psychologist* (59), 15-19.
- Paylo, M. J.** (2011). Preparing school counseling students to aid families: Integrating a family systems perspective. *The Family Journal*. 19 (2), 140 -146.
- Lopez-Baez, S. I. & **Paylo, M. J.** (2009). Social justice advocacy: Community collaboration and systems advocacy. *Journal of Counseling and Development*. 87 (3), 276-283.
- Paylo, M. J.** (2005). Helping families search for solution: Working with adolescents. *The Family Journal*. 13(4), 456-458.

Book Chapters

- Kress, V. E., **Paylo, M. J.**, & Adamson, N. (2015). Special populations and issues. In B. T. Erford (Eds.) *Clinical Issues in Counseling* (pp. 144-169) New York; Prentice Hall.
- Paylo, M. J.** (2015). Voices from the Field: Dealing with an aggressive, hostile woman in a prison setting. In L. Jackson-Cherry & B. T. Erford (Eds.) *Crisis Intervention and Prevention* (2nd Ed.) (p. 37) New York; Prentice Hall.
- Paylo, M. J.**, Protivnak, J. J., & Kress, V. E. (2015). Professional Credentialing. In V. F. Sangganjanavanich & C. Reynolds (Eds.) *Introduction to Professional Counseling* (pp. 267-292) CITY, STATE: Sage.
- Paylo, M. J.**, Adamson, N. A., DeMarco, C., & Kress, V. E. (2013). Diagnostic and statistical manual of mental disorders (DSM). In M. Shally-Jensen (Eds.). *Mental health care issues in America: An encyclopedia* (pp. 174-185) Santa Barbara, CA: ABC-CLIO.
- Paylo, M. J.**, Adamson, N. A., & Kress, V. E. (2013). Trauma and traumatic events. In M. Shally-Jensen (Eds.). *Mental health care issues in America: An encyclopedia* (pp. 801-807) Santa Barbara, CA: ABC-CLIO.
- Adamson, N. A., **Paylo, M. J.**, Gongola, L., & Kress, V. E. (2013). Behavioral Theories and Therapies. In M. Shally-Jensen (Eds.). *Mental health care issues in America: An encyclopedia* (pp. 83-88) Santa Barbara, CA: ABC-CLIO.
- Kress, V., & **Paylo, M. J.** (2011). Foundations of client advocacy. In C. Chang, C. A. Barrio Minton, A. L. Dixon, J. E. Myers & T. Sweeney (Eds.), *Professional counseling excellence through leadership and advocacy* (pp. 121-139). New York, NY: Routledge.

Paylo, M. J. (2009) Research and sampling section. In American Counseling Association's Encyclopedia of Counseling. ACA. Alexandria, VA.

Manis, A., Brown, S., & **Paylo, M. J.** (2008). The helping professional as an Advocate. In J. Carlson and C.M. Ellis (Eds.), Cross cultural awareness and social justice in counseling (pp. 23-44). New York: Routledge Press.

Dissertation

Paylo, M. J. (2007). Characteristics of counselors that advocate for clients. (Doctoral Dissertation, University of Virginia, 2007). AAT 3260661, 172.

Publication (Under Review)

Decker, K., Manis, A., & **Paylo, M. J.** (Under Review). Infusing advocacy in counselor education: A developmental approach. *The Journal of Counselor Preparation and Supervision*.

Paylo, M. J., Protivnak, J. J., Choi, K. M., & Makoski, C. (Under Review). Preparing mental health first responders: College counselors supporting residence life professionals. *Journal of College Counseling*

Stargell, N. A., Kress, V. E., **Paylo, M. J.**, & Zins, A. (Under Review). Excoriation disorder: Diagnosis, Assessment, and Treatment. *Journal of Counseling and Development*.

Non-Peer-Reviewed Publications

Paylo, M. J., (2012). Interview with CSI's president Victoria Kress. *Exemplar*, 27:3; Greensboro, NC: CSI.

Paylo, M. J. (2010). Poor and low-income children in Ohio. *OCA Guidelines*, 36:2. Columbus, OH: OCA.

Paylo, M. J. (2010). 2008 Ohio family health survey: Special population report. *OCA Guidelines*, 37:1. Columbus, OH: OCA.

Paylo, M. J. (2009). Mental health problems of prison and jail inmates. *OCA Guidelines*, 36:1. Columbus, OH: OCA.

Selected National, State and Local Presentations

Kress, V. E., & **Paylo, M. J.**, (2015, March). Understanding the DSM-5: What counselors need to know. Presented at the annual conference of the American Counseling Association (ACA) in Orlando, FL (Pre-Learning Workshop- 3 hours).

- Kress, V. E., **Paylo, M. J.**, & Zolden, C. (2015, March). How to integrate clients' strengths and resources into counseling and treatment planning. Presented at the annual conference of the American Counseling Association (ACA) in Orlando, FL.
- Szanto, R., Zins, A., Leskosky, M., Zolden, C., Protivnak, J. J., & **Paylo, M. J.** (2015, March). Enhancing the community and developing counseling skills through a youth mentoring program. Presented at the annual conference of the American Counseling Association (ACA) in Orlando, FL.
- Paylo, M. J.**, Baltrinic, E., Zoldan, C., & Kress, V. E. (2014, March). How to integrate clients' strengths and resources into counseling and treatment planning. Presented at the All Ohio Counselors Conference, Columbus, Ohio.
- Protivnak, J., Choi, K. M., **Paylo, M. J.** & Pusateri, C. (2014, April). Experiential learning: International student support groups enhancing multicultural competencies. Presented at the Ohio Association of Counselor Educators and Supervision (OACES) in Columbus, OH.
- Kress, V. E., & **Paylo, M. J.**, (2014, March). Understanding the DSM-5: What counselors need to know. Presented at the annual conference of the American Counseling Association (ACA) in Honolulu, Hawaii (Pre-Learning Workshop- 3 hours).
- Paylo, M. J.**, Britton, P. J., Ben-Porath, D. D., Kress, V. E. (2014, March). Increasing student wellness: College counseling interventions for student affairs professionals. Presented at the annual conference of the American Counseling Association (ACA) in Honolulu, Hawaii.
- Kress, V. E., **Paylo, M. J.**, & Zolden, C. (2013, November). Understanding the DSM-5: What counselors need to know. Presented at the annual conference of the All Ohio Counseling Association in Columbus, OH (Pre-Conference Workshop- 3 hours).
- Paylo, M. J.** (2013). Training residence life professionals to be first responders: An urgent, mental health imperative. YSU Residence Life Training on July 30, 2013.
- Protivnak, J. J., & **Paylo, M. J.** (2013, March). Counselors working in higher education: College counseling interventions applicable to other student services areas. Presented at the annual conference of the American Counseling Association (ACA) in Cincinnati, OH.
- Cameron, A., Tolson, S., Gorman, K., Protivnak, J. J., & **Paylo, M. J.** (2013, March). Statewide advocacy and leadership: A model from networking and collaboration from the counseling profession. Presented at the annual conference of the American Counseling Association (ACA) in Cincinnati, OH.

- Paylo, M. J., & Protivnak, J. J.**, (2013, March). Increasing student wellness: Counseling interventions for student affairs professionals. Presented at the annual conference of the American College Personnel Association (ACPA) in Las Vegas, NV.
- Protivnak, J. J., & **Paylo, M. J.** (2012). Strategies for success with challenging student behaviors. YSU Faculty Development Workshops on October 30, 2012 & October 31, 2012.
- Kress, V. E., & **Paylo, M. J.** (2012). Counselor leadership and advocacy series: Practical advocacy application for counselors. CSI Webinar on March 30, 2012.
- Herman, E. R., Protivnak, J.J., East, M., **Paylo, M. J.**, & Choi, K. M. (2012, March). Promoting the profession: Using technology to advocate future career paths in counseling with high school students. Presented at the annual conference of the American Counseling Association (ACA) in San Francisco, CA.
- Protivnak, J. J., **Paylo, M. J.**, Herman, E. R., & Sarnowski, J. (2011, November). Voices from students: Creating and distributing a school counselor advocacy video. Presented at the annual conference of the All Ohio Counseling Association in Columbus, OH.
- Paylo, M. J.**, Protivnak, J., Mercer, J. C., (2011, October). Everything to everyone or counseling-focused? The Role of counselor education in developing student affairs professionals. Presented at the Association of Counselor educators and Supervisor (ACES) conference in Nashville, TN.
- Manis, A., **Paylo, M. J.**, & Decker, K. (2011, October). Creative approaches for infusing advocacy theory and practice in your program, while meeting CACREP 2009 requirements. Presented at the Association of Counselor educators and Supervisor (ACES) conference in Nashville, TN.
- Kress, V. E., **Paylo, M. J.**, & Adamson, N. (2011, October). Training students and supervisees to use the DSM: Creative techniques to encourage contextually-sensitive diagnostic practices. Presented at the Association of Counselor educators and Supervisor (ACES) conference in Nashville, TN.
- Paylo, M. J.** & Kinch, S. (2011, July). The Female Sexual Offender: Integrating a trauma focus into treatment. Presented at YSU as a CSI training for CEU credits.
- Paylo, M. J.** & Protivnak, J. (2011, April). Counselor educators' role in developing professionals for student affairs functional areas. Presented at the Ohio Association of Counselor Educators and Supervision (OACES) in Dublin, OH.
- Paylo, M. J.**, Adamson, N., Bradley, N., & Kress, V., (2011, March). Counselor, Heal Thyself: Preventing, Recognizing, and Addressing Vicarious Trauma. Presented at the conference of the American Counseling Association (ACA) in New Orleans, LA.
- Herman, E., Adamson, N., Sarnowski, J., Protivnak, J., & **Paylo, M. J.** (2011, March). An Experiential Learning Project: School Counselor Advocacy at the Individual,

Administrative, and Policy Level. Presented at the conference of the American Counseling Association (ACA) in New Orleans, LA.

Queener, S., Protivnak, J., & **Paylo, M. J.** (2011, March). College Counseling for Non-Traditional Students: Challenges to Engagement. Presented at the conference of the American Counseling Association (ACA) in New Orleans, LA.

Paylo, M. J. & Manis, A. (2010, October). Research on the Promotion and Assessment of Multicultural Counseling and Advocacy Competence. Presented at the conference of Southern Association for Counselor Educators and Supervisors (SACES) in Williamsburg, VA.

Paylo, M. J. (2009, November). Treatment of Self-Injurious Behaviors in a Correctional Setting. Presented at the annual conference of the All Ohio Counseling Association in Columbus, OH.

Williams, D. & **Paylo, M. J.** (2009, October). Integrating supervision into a masters level internship course. Presented at the Association of Counselor educators and Supervisor (ACES) conference in San Diego, CA.

Paylo, M. J. (2007- 2009). Conducted numerous trainings and in-services on clinical interviewing, brief therapy approaches, dialectic behavioral therapy, multicultural issues and power differentials in counseling, research informing practice (etc.) for the staff at Fluvanna Correctional Center for Women.

Paylo, M., Caldwell, R., Eure, J., Meehan, W., & Ramson, L. (2006, November). Supervision through the eyes of beginning counselors: Perceptions and lived experiences between supervisors and students in a first-year practicum class. Presented at the annual conference of Virginia Counselor Association (VCA) in Williamsburg, VA.

Paylo, M. & Flora, A. (2006, September). Are we preparing school counselors to do what schools are asking them to do? Incorporating family systems perspective into school counselors' education. Presented at the biannual conference of Southern Association for Counselor Educators and Supervisors (SACES) in Orlando, FL.

Paylo, M. (2005). Helping families find solution. A post-modern approach. Presented at the annual conference of Virginia Counselor Association (VCA) in Portsmouth, VA.

Paylo, M. (2006). A post-modern approach to helping adolescents. Presented at the annual conference of Virginia Association for Counselor Educators and Supervisors (VACES) in Williamsburg, VA.

Websites

Development and creation of a website aimed at providing potential counseling students with career information on becoming a professional counselor (2012).

http://www.counseloreducator.com/Home_Page.html

Selected Professional Service

University

Graduate Program Review Task Force (2013- Present)
Academic Senate – BCOE At-Large Senator (2010 – Present)
Rescue Mission Initiative Subcommittee (2010 -2011)
YEC Career Fair Discussant (2010)
Research Professorship Committee (2012)
Quest – Student Sponsor (Diane Stahl)(Demetrious Williams and Julie Sarnowski)
Quest – Moderator for the 2012 Conference
YSU Faculty Development Workshops
Protivnak, J. J., & Paylo, M. J. (2012). Strategies for success with challenging student behaviors. YSU Faculty Development Workshops on October 30, 2012 & October 31, 2012.
YSU Undergraduate and Graduate Commencement Marshall (Spring, 2012)
CSP Director search committee (2013)

College

Professional Education Council –BCOE (2010 –Present)
Education Research Exchange – Planning Committee (2010 – Present)
Education Research Exchange – Discussant/Chair (2010 – Present)
NCATE Standard 3 Committee (2011-2012)
NCATE Standard 6 Committee (2010-2011)
NCATE Standard 2 Committee (2009 -2010)
Dean of Education’s Professional Development and Scholarship Committee (2012, 2013)

Department

Counseling Program Coordinator
Coordinator for the Student Affairs & College Counseling Program
Coordinator of Counseling Comprehensive Exams
Counseling Program Assessment Coordinator and Report Writer
Counseling Program Curriculum Committee
Counseling Program Diversity and Recruitment Committee
School Psychology Search Committee
Counseling Search Committee

Professional

CSI- ETA- Chapter Faculty Advisors
CSI – Author Showcase Editor
ACA- Mentor – Jessica Headley, Doc. Student at University of Akron
CSI International – Work Committee - Review presentations for CSI – 2012
ACA Conference
CSI International - Counselor Educator Committee Member
OCA – OCSWMFTB Liaison (2012- Present)
OCA- Government Relation (Co-Chair) (2012)

Professional Organization Membership

American Counseling Association (ACA)
Association of Counselor Educators and Supervisors (ACES)
International Association of Marriage and Family Counselors (IAMFC)
Ohio Counselors Association (OCA)
Ohio Association for Counselor Education and Supervision (OACES)
Eastern Ohio Counselors Association (EOCA)
Chi Sigma Iota- Eta Chapter – Youngstown State University

Selected Professional Development

2012 American Counseling Association (ACA) in San Francisco, CA.
2011 All Ohio Counseling Conference (AOCC) Conference in Columbus, OH.
2011 Association for Counselor Education and Supervision (ACES) Conference.
Nashville, TN
2011 Ohio Association for Counselor Education and Supervision Conference (OACES).
Dublin, OH.
2011 American Counseling Association (ACA) Conference. New Orleans, LA.
2010 Southern Association for Counselor Educators and Supervisors (SACES)
Conference in Williamsburg, VA.
2010 American Counseling Association (ACA) Conference. Pittsburgh, PA.
2009 All Ohio Counseling Conference (AOCC) Conference in Columbus, OH.
2009 Association for Counselor Education and Supervision (ACES) Conference. San
Diego, CA.

Honors and Awards

YSU - Distinguished Professorship Award of Teaching (2012-2013)
Named to VA Department of Correction's Mental Health Steering Committee- (Writing
policies and procedures for all DOC MH) (2008 & 2009)
Outstanding Teaching Assistant – UVA -Counselor Education (2007)
Curry Trustee Fellowship Award- UVA -Counselor Education (2005)
Chi Sigma Iota- Academic Honorary Society

Areas of Research Interest

Advocacy and Social Justice, Child and Adolescent Treatments, DSM, Residential & Prison MH Treatment, Family Systems, Moral Development, Quantitative Research in Counseling, & Clinical Supervision

GOVERNOR'S APPOINTMENTS TO BOARDS AND COMMISSIONS

Date: 12/22/2016

Name of Appointee: Dr. Matthew J. Paylo, Ph.D

Address: 3329 Linden Place
Canfield, OH 44406
Mahoning County
(H) - 3309530043
(W) - 3309413264
(M) - 4349533318

Name of Commission: Counselor, Social Worker, and Marriage and Family Therapist Board

Contact: Brian Carnahan
50 West Broad Street, Suite 1075
Columbus, OH 43215
(614) 752-5161

Term Begins: 10/11/2016

Term Ends: 10/10/2019

Party Affiliation: Independent

Senate Confirmation: Appointed by the Governor, confirmed by the Senate

Financial Disclosure: Public disclosure required

Vice: Matthew J. Paylo, Ph.D

