## Chairman Wiggam, Vice-Chair Stephens, Ranking Member Kelly, and Members of the House State and Local Government Committee,

My name is Heather Chappell and I am and have been a citizen of Ohio for all 43 years of my life. Due to the recent tyranny from the Governer and the Health Director(s) my family and I have been reconsidering where we call home for the first time ever. I am writing to ask you to please vote yes on SB311.

The mandates that have been established are unconstitutional and unfreedom like and we in Ohio have grown tired. I and my family are very health conscious people. We take care of ourselves and our bodies with a healthy diet and water, we treat ailments naturally and do not take any medications. I understand that this is not everyone's cup of tea, but for the last six years since we have made these changes we are the healthiest we have been probably since any of us were born. That being said, we do not need to wear a mask, we are not sick, we probably never will be, however I can reassure you that if we are we will stay home away from others to prevent spreading anything because that is how we do it always, even before this "pandemic". You see the body has a magnificent means of healing itself when ill if we rest and allow it to, we firmly, $100 \%$ believe in this method. When it has reached a point in this state that I cannot get into the store to grocery shop for my family without a face mask boundaries have been crossed. When I shed a tear every morning that my son gets out of my car and is forced to put a face mask on to go to school, boundaries have been crossed. When my husband is forced to wear a mask 12-14 hours a day sometimes at his job so we can buy food for our family, boundaries have been crossed. And when my daughter is having panic attacks and almost passing out from wearing a mask because she has no choice for her job, boundaries most certainly have been crossed.

Thank you for you consideration and please vote yes on SB311.

