

Update on Ohio's Crisis System and the Implementation of 988

Ohio House Behavioral Health and Recovery Supports Committee

February 17, 2022 Director Lori Criss, OhioMHAS

Governor DeWine

"We must help those struggling with mental illness or substance use disorders by giving them a system that provides quality treatment on demand. And, we must build recovery-friendly communities that support and promote health and wellness to ensure all Ohioans can live long, productive lives."

> From the RecoveryOhio Advisory Council Initial Report, March 2019







Breaking the Cycle of Crisis

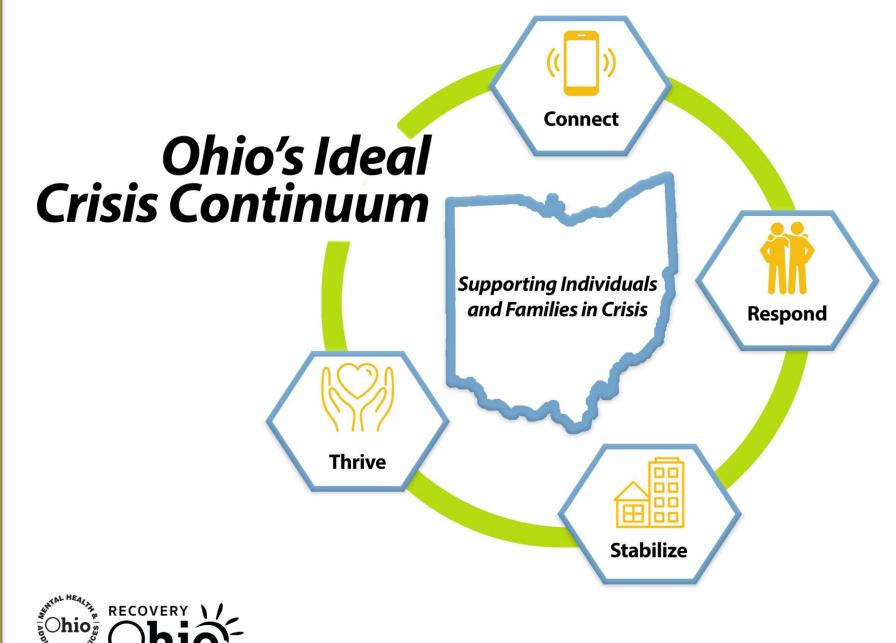


- Too many Ohioans experience mental health crises and are tragically lost to suicide.
- Ohio is increasing access to quality, crisis services in our local communities to appropriately respond to behavioral health crises and act as appropriate alternatives to arrest or emergency department visits.



Our Vision

- Visible and accessible crisis continuum of services.
- Supports that are person-centered and quality-driven.
- Ensuring people are stabilized and thriving in their community.



Crisis Work Currently Underway

CONNECT

- 988 Planning
- Ohio Careline
- Crisis Text Line
- Open Beds/BH Connection
- Web-basedStatewide Directory

RESPOND

- Mobile Response Stabilization Services for Youth (MRSS/OhioRISE)
- Community Mobile Response
- Co-Responder Response

STABILIZE

- Crisis Stabilization
 Units
- Residential/Respite
 Care

THRIVE

- Strong Families,
 Safe Communities
- First Episode Care for Serious Mental Illness
- Outpatient Service Capacity
- Housing
- School
- Employment
- Day Activities



988: Building on a Strong Foundation in Ohio

- **Since 2005**, the National Suicide Prevention Lifeline (1-800-273-8255) has helped thousands of Ohioans in emotional distress and crisis through:
 - 16 approved and certified suicide prevention lifeline call center providers
 - 2 more call center providers onboarding now
- New federal law requires that all states transition from the 1-800 number to the easy-to-remember 3-digit number 988 by July 16, 2022.
- 988 will help connect Ohioans in a mental health or addiction crisis with Ohio's crisis response and support system.
 - Someone to TALK TO.
 - Someone to RESPOND.



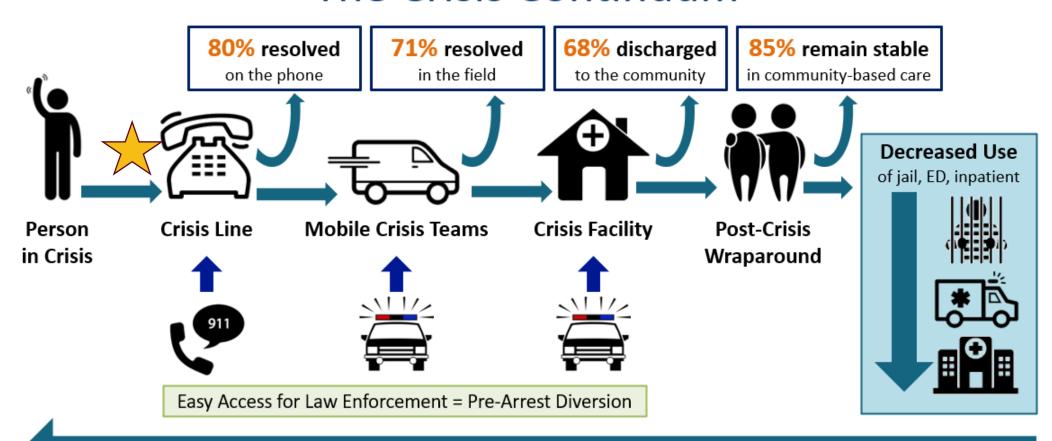
The 988 Planning Committee

988 PLANNING COMMITTEE ORGANIZATIONS AND REPRESENTATION

| Ohio Suicide Prevention Foundation | Office of the Governor and RecoveryOhio |
|--|---|
| Mahoning Alcohol, Drug Addiction and Mental Health Board | Ohio Association of Health Plans |
| Peg's Foundation | Ohio Association of County Behavioral Health Authorities |
| NAMI Ohio | Ohio Council of Behavioral Health & Family Services Providers |
| Ohio Department of Veterans Services | Ohio Hospital Association |
| Ohio Citizen Advocates for Addiction Recovery | Ohio Department of Public Safety |
| Equitas | Sidney Police Department |
| Help Network of Northeast Ohio | Talbert House |
| Office of the Attorney General | Mental Health America Ohio |
| Lucas Alcohol, Drug Addiction and Mental Health Board | 911 Administrator, Ohio Department of Administrative Services |
| Portage Path Behavioral Health | Ohio Telecom Industry |
| Public Utilities Commission of Ohio | State Senators and Representatives |
| Youth Advocates and Family Members | Adult Advocates amd Family Members |
| Hispanic Urban Minority Alcohol and Drug Addiction Outreach Program (UMADAOP) | Clark, Greene and Madison Alcohol, Drug Addiction and Mental Health Board |
| Ohio Department of Mental Health and Addiction Services | Lucas Urban Minority Alcohol and Drug Addiction Outreach Program (UMADAOP) |



The Crisis Continuum



LEAST Restrictive = LEAST Costly



Schematic designed by Margie Balfour, Connections Health Solutions. Data courtesy Johnnie Gaspar, Arizona Complete Health Data applies to southern Arizona geographical service area, last updated Sep 2019

988 Plan Submission

Core Components Required in Plan

- 1. Ensure Statewide 24/7 Coverage for 988 Calls, Chats, and Texts
- 2. Secure Adequate, Diversified, and Sustained Funding Streams for Lifeline Member Centers
- 3. Expand and Sustain Center Capacity to Maintain Target In-State/Territory Answer Rates for Current and Projected Call, Text, and Chat Volume
- 4. Support Crisis Centers in Meeting Lifeline's Operational Standards, Requirements, and Performance Metrics
- 5. Convene a Coalition of Key Stakeholders to Advise on 988 Planning and Implementation
- Maintain a Comprehensive, Updated Listing of Resources, Referrals, and Linkages; Plan for Expanded Services
- 7. Ensure All State/Territory Centers Can Provide Best Practice Follow-Up to 988 Callers/Texters/Chatters
- 8. Plan and Implement Marketing for 988 in Your State/Territory



988 Plan Submission Timeline



Met with interested groups to discuss concerns and challenges.

Received recommendation reports from stakeholder organizations.

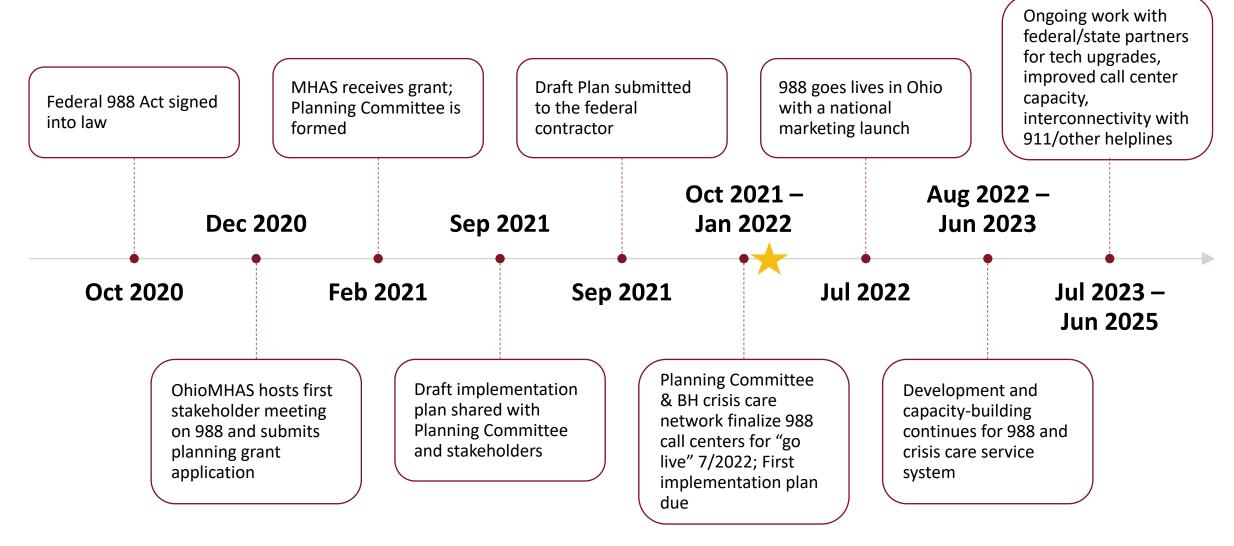
Held 6 focus groups for people/family members with lived experience in suicide, mental health and addiction related services.

All comments were considered and/or incorporated in final 988 plan.

Stakeholder feedback loops will continue throughout implementation.



Key Dates and Progress



988 Launch Planning Priorities

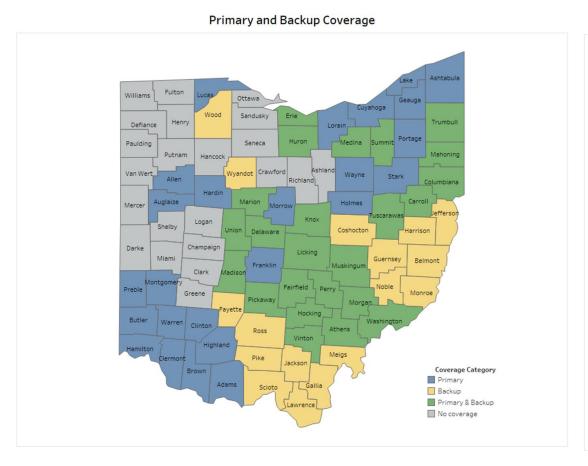
Build system capacity to ensure 90% of Lifeline calls and 50% of Lifeline chats and texts from Ohioans can be answered in state by July 2022. 2

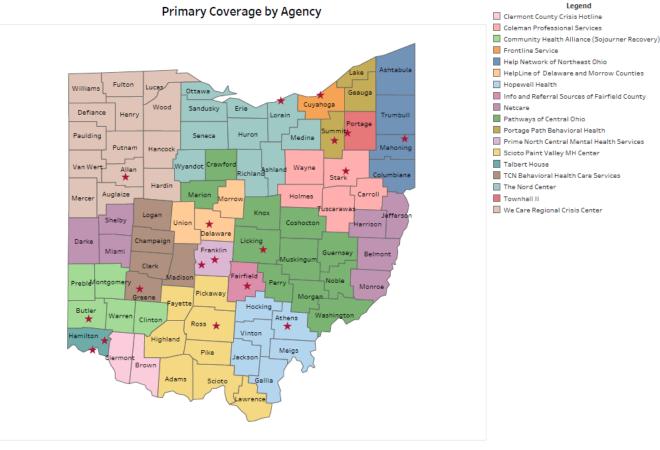
Ensure service quality through ongoing training, support, and development and implementation of a shared web-based resource directory. [3]

Ensure that all Ohio Lifeline providers have adequate high-speed internet access and up-to-date communication, documentation, and other technology systems.



Current and Expanded Lifeline Center Network in Ohio







Current

Expanded

Funding Steps: Understanding the Costs

- Obtaining an in-depth cost actuarial analysis played a critical role in informing the 988 planning process, both for the short-term implementation, as well as the consideration of funding options for long-term sustainability.
- Ohio is the only state that has undertaken this level of work.
- OhioMHAS contracted with a third party experienced in cost actuarial analysis work, under the guidance of the Ohio Department of Insurance.



Funding Steps: Review of Cost Analysis

This estimate established a baseline assumption for contact volume and cost per contact by type of contact;

Determined growth rates for the volume of contacts; and

Developed a reasonable projection of cost inflation for services.

| 6 months | \$6,177,374 |
|----------|--------------|
| | |
| Year 1 | \$14,798,421 |
| | |
| Year 2 | \$20,701,661 |
| | |
| Year 3 | \$25,831,020 |
| | |
| Year 4 | \$29,676,582 |
| | |
| Year 5 | \$34,135,024 |

988 Cost Estimates



Funding Steps: Planning Phase + Year One

OhioMHAS has identified federal funds totaling approximately \$20M to fund start up costs leading up to the July 2022 launch, as well as Year One of implementation through July 2023.

Note: Ohio is still awaiting decisions from the federal government on the national technology platform and national marketing plan, which impacts our infrastructure development needs and financial costs.

| 988 Cost Estimates | |
|--------------------|--------------|
| 6 months | \$6,177,374 |
| | |
| Year 1 | \$14,798,421 |
| | |
| Year 2 | \$20,701,661 |
| | |
| Year 3 | \$25,831,020 |
| | |
| Year 4 | \$29,676,582 |
| | |
| Year 5 | \$34,135,024 |



Funding Steps: Options for Future Sustainability

- OhioMHAS has identified several sustainable funding options in the plan submitted to the federal government.
- Stakeholder feedback has informed all options, and discussions will continue as we enter the planning phase for the next state operating budget.
- OhioMHAS continues to monitor funding strategies other states have engaged in or are pursuing.
- OhioMHAS will continue to monitor call volumes and system needs post launch to inform any funding decisions.

988 Communications: Key Messages



Note: Ohio is still awaiting information from the federal government on the national marketing plan.

- Assure Ohioans in a behavioral health crisis that **help is available**, and that **it's ok to ask for help**.
- Define what 988 is and what 988 isn't, and how it differs from 911.
- Demonstrate how Ohioans in crisis and their families can access help via 988, and what happens next when they call, chat, or text.
- Share how **Ohio is prepared** for the launch of 988.



Next Steps

- Continued partnership with the General Assembly on sustainable funding options and needed legislation.
- Hiring of a 988 Administrator.
- Call Center Training.
- Continued investment in and development of Ohio's crisis system.
- Continued coordination with NextGen 911 efforts.



QUESTIONS?

Resources

https://www.samhsa.gov/sites/default/files/988-factsheet.pdf

https://www.samhsa.gov/find-help/suicide-prevention/988-lifeline

https://mha.ohio.gov/about-us/priorities/crisis-services

https://mha.ohio.gov/about-us/priorities/ohios-988-implementation

MHAS 988 Lead

Stacey Frohnapfel-Hasson stacey.frohnapfel@mha.ohio.gov

