Chairman Lipps, Vice Chair Holmes, Ranking Member Russo, and Members of the House Health Committee, thank you for the opportunity to provide proponent testimony on House Bill 248.

My name is Rachel Porostosky and I am a stay at home mom for the time being. The reason I support House Bill 248 is because I believe exemptions regarding injections should be honored here in all aspects of society. While it is a personal and sensitive subject for me to discuss publicly, I must bring up the deeply rooted truth behind my absolute conviction in whole heartedly supporting HB248 to protect this freedom for all Ohioans: Almost 20 years ago I was a victim of rape. Now as a healed and recovered survivor of sexual abuse I am keenly aware of when my body autonomy is being threatened. **Body autonomy** is the right for a person to govern what happens to their body without external influence or

coercion. Any entity with the power to tell a person they must inject a medical product in order to exist in that space or be employed by that entity is a threat to every Ohioan's basic human right to body autonomy. HB 248 is the legislation Ohio needs, NOW.

Thank you once again for this opportunity to provide testimony on the need for and urgency of House Bill 248.

Sincerely, Rachel Porostosky