



Rodney Creech

State Representative

43rd District

Sponsor Testimony, April 21st 2021

House Concurrent Resolution 13

State and Local Government Committee

Chairman Wiggam, Vice Chair John, Ranking Member Kelly, and Members of the Ohio House State and Local Government Committee. Thank you for the opportunity to present sponsor testimony on House Concurrent Resolution 13 which would urge Congress to enact the Sunshine Protection Act of 2021 permanently transitioning us to Daylight Saving Time.

Under the Uniform Time Act of 1966, states can change to standard time but not daylight saving time, which requires a change to federal law in order to transition to perpetual daylight saving time. The main argument for choosing one or the other is that we simply no longer need the bi-annual tradition of changing our clocks. Each year from March to November our clocks are set for daylight saving time. Meaning that for only a third of the year, over the winter, we use standard time. Switching to daylight saving time would increase the hours of sunlight in the evenings year-round and could help combat some mental health issues from the darker winter evenings we currently have on standard time.

Attached to my testimony I have provided a sample of what the time could look like throughout the year for sunrise and sunset if we switched to daylight saving time.

Thank you for the opportunity to provide sponsor testimony. I would be happy to answer any questions you might have.

Key Time Change Dates 2021	Sunrise (Current)	Sunset (Current)	Sunrise (Proposed)	Sunset (Proposed)
March 13 (pre-DST)	6:46am	6:37pm	7:46am	7:37pm
March 14 (in DST)	7:45am	7:38pm	7:45am	7:38pm
June 21 (in DST- longest day)	6:03am	9:05pm	6:03am	9:05pm
November 6 (in DST)	8:07am	6:24pm	8:07am	6:24pm
November 7 (post-DST)	7:08am	5:23pm	8:08am	6:23pm
December 21 (post-DST shortest day)	7:51am	5:10pm	8:51am	6:10pm