

I am the Breast Cancer Nurse Navigator for the UCHealth Barrett Cancer Center. I am also a woman with high breast density that does not qualify for covered additional breast imaging screening. When you get your annual screening mammogram, the women with high breast density get a letter that accompanies that indicates you have high breast density that increases your risk for a breast cancer, but there is no follow up (insurance covered) screening tool to help. Basically, you could benefit from a screening Breast MRI, but your insurance is not willing to pay for it. Very frightening letter to receive. It is always interesting to me that insurance is not willing to cover screening/early detection/preventative services (which is a much lower cost), but would rather wait for these women to potentially develop a breast cancer and then have to cover the cost of the breast cancer treatment.