

Victoria Kisel Carman Witness Testimony  
Sub. HB 81  
Ohio Senate Health Committee  
June 1, 2022

Chair Huffman, Vice Chair Antani, Ranking Member Antonio, and Members of the Committee:

Thank you for the opportunity to submit testimony on Sub House Bill 81, a bill to revise laws governing massage establishments and massage therapy.

I am writing today on behalf of Practitioners of the Anat Baniel Method of NeuroMovement (ABMNM).

I am a certified practitioner of ABMNM to work with Children with Special Needs and adults. There are several other ABMNM practitioners in the state of Ohio. In our work we use movement, verbal instructions and attention to bring about increased awareness and improved functioning through experiential learning.

I support Sub HB 81, provided that subsection Sec. 4731.15. (F) (5) remains intact. This amendment was added by the House and exempts individuals who:

“(hold) a certification, based on a minimum level of training, competency demonstration, and adherence to ethical standards, from a professional association or other credentialing body to practice movement or somatic education, which includes using touch, words and directed movement, with a fully clothed client, to deepen awareness of existing patterns of movement or suggest new possibilities of movement and does not include massage therapy.”

The Anat Baniel Method NeuroMovement is effective for those seeking to improve posture, movement and function. It is held in high regard by professionals in other fields, and has been the subject of extensive research. ABMNM lessons are used by children, seniors, athletes, musicians, dancers, actors and people with special needs and neurological conditions. Some lessons include gentle, non-invasive, and non-corrective touch, to guide attention and promote learning.  
(See [anatbanielmethod.com](http://anatbanielmethod.com))

Massage licensure requirements are not appropriate for ABMNM practitioners because it is an educational system and is not massage. It does not pose a risk to public safety. Certified teachers have undertaken a minimum of 800 hours of specialized training. They also participate in mandatory additional training yearly, to keep their certification. ABMNM training is completely different from the curriculum for massage therapy.

We understand that it is important to update the massage therapy licensure requirements in Ohio to combat criminal activity that is taking place under the guise of legitimate massage therapy.

However, if the proposed definition of massage therapy is interpreted to apply to the practice of ABMNM, it would impose unfair and unnecessary requirements on our certified teachers, whose training and practice is completely different than that of massage therapists.

There has been no allegation of criminal activity taking place in Ohio under the guise of the practice of ABMNM. Without the amendment to Sec. 4731.15. (F) (5), Sub. HB 81 would affect our right to practice our method of somatic education.

Similar language to exempt somatic and movement educators, who do not practice massage therapy, has been adopted in other states, with the support of the American Massage Therapy Association and other members of the Federation of Therapeutic Massage, Bodywork and Somatic Practice Organizations.

Thank you for considering my request to support the current amendment to Sub. HB 81, Sec. 4731.15 (F) (5) of the Ohio Revised Code.

Please feel free to contact me if you have further questions.

Sincerely,

Victoria Kisel Carman, Anat Baniel Method NeuroMovement Practitioner  
Kettering/Dayton, Ohio  
[vcarman1@gmail.com](mailto:vcarman1@gmail.com) 937-931-5181