

Chair Huffman, Vice Chair Antani, Ranking Member Antonio and members of the Committee:

Thank you for the opportunity to submit testimony on Sub. House Bill 81 as passed by the House, a bill to revise laws governing massage establishments and massage therapy.

I am a Certified Feldenkrais Teacher and Certified Trager Practitioner. I began my training in body work in massage and was licensed as a massage therapist in 1981. I proceeded to Trager Approach training from 1981 and with certified in 1985 followed by Feldenkrais training in 1997 with certification in 2001.

My work has centered not on massage but on movement related education. Over the years, I have studied many forms of bodywork which included working with different body systems, (bone, lymph, connective body tissue, energy, etc.) and the relationship of body, mind, and emotion. The modalities centered on movement are effective with a large variety of populations and conditions. It should be available to all.

Massage can effectively help circulation and induce relaxation but is not known for creating lasting change. The movement education modalities which reorganize patterns of movement can result in changes that can last a lifetime.

I support the HB 81 as long as the exemption for movement therapists is included.

Sincerely,

Edie Moore