

Proponent Testimony

Chair Cutrona, Vice Chair Gross, Ranking Member Somani, and members of the Health Provider Services Committee, my name is Brandon Miller and I want to thank you for allowing me testify as a proponent of House Bill (HB) 47.

On January 13, 2023 I suffered cardiac arrest while playing ice hockey at the Shaker Heights Recreation Center. Two months leading up to this I had gone to the doctor due to shoulder/chest pain that I had experienced occasionally while playing ice hockey. They ran blood tests and did a general checkup from which they concluded that it was probably a ceased pectoral muscle, because my blood work and general health checked out clean. I was sent to a physical therapist to address this issue.

I'm 35 years old, I don't smoke, I have a pretty good diet, and I exercise at least 3 times a week. This is why it was such a surprise when I suffered cardiac arrest on January 13. There was just about 10 minutes remaining in our game play and I was very exhausted. I was experiencing that chest pain I mentioned, but figured it was just that ceased muscle I had seen the doctor about. I was skating down the ice and fell twice. The first fall just felt like my legs gave out from exhaustion, so I brushed that off and got up. I skated up the ice a few strides and I had my second fall, this time I wasn't able to get up and knew something was very wrong.

Fortunately for me there happened to be 3 trained medical professionals that were also playing ice hockey at the time. Within 10 seconds of me falling to the ice the second time one of the players had already shouted for someone to "call 911" and the 3 medical professionals were skating over to assess the situation. They had instructed one of the other skaters to go ask the front desk for their AED. They administered CPR and used the AED, soon after which I was taken to the hospital.

I am alive today due to two things: those 3 people that administered CPR, and the AED. Although it is difficult to ensure that a public facility has a trained medical professional on-site at all times, it is not difficult to ensure that a facility has an AED on-site.

Sudden Cardiac Arrest (SCA) happens to people of all ages and paths of life. AED's save lives from SCA. Help save lives and vote yes on HB47.

Thank you for your consideration,

Brandon Miller

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