Charles J. Thurston, MD, CEO 1st & 2nd Medical Opinions Inc. 13316 Marietta Rd. Kingston, OH, 45644 Office (740) 655-2626, iPhone (740) 701-1437 <u>chuck@evidences.net</u>, <u>https://Medical-Opinions.com</u>

Monday, April 24, 2023

Chairman Cutrona, Vice Chair Gross, Ranking Member Somani, and members of the Health Provider Services Committee; Thank you for allowing me to provide supporting testimony for the Dave and Angie Patient and Health Provider Protection Act.

My name is Dr. Chuck Thurston, and I received my medical training right here in the great state of Ohio¹. My Grandfather served in this body during the 1960s. If you include my service as an ER orderly and medical school, I have been in medicine for half a century, including nearly four decades as a board-certified Emergency Physician. I fulfilled my US Public Health Service obligation as the only doctor covering three large West Texas Counties around Marfa. I was both Doc Adams on Gun-smoke as well as Marcus Welby, MD. I did everything from surgery in my office to fitting glasses and pulling teeth. I did house calls to distant ranches in my airplane, home deliveries and admitted patients at the closest hospital, 35 miles away in Alpine, Texas where I also assisted in surgeries.

I have been licensed by and have treated patients in over a dozen states² with Federal service in seven of them including NY where I worked in my first FEMA COVID ICU early in the pandemic. I have also served in half as many countries around the world in medical missionary service.³

My early years as a general practitioner in remote West Texas paralleled the career of Dr. Paul Marik, (seated with us here today), in South Africa during the same years before the computerized technological revolution changed the face of medicine. The patient was the total focus of our attention with little of the government micromanagement so common today.⁴

Before COVID, I had prescribed many off-label drugs without fear of retribution from any government agencies. We used Vitamin B12 injections⁵ to reduce diabetic peripheral neuropathy, and added Zovirax to B12 to cure Shingles

¹ ER Orderly Riverside Methodist Hospital 1973 then The Medical College of Ohio at Toledo 1975-78

² Licensed in: OH, TX, VA, WI, CA, GA, ME; Fed Service in; NC (Ft. Bragg), LA (Ft. Polk), KY, (Ft. Knox) Indian Health Service in; ND, MN, & MT; COVID FEMA NY & TX

³ Medical Missionary to Mexico, Haiti, Honduras, Belize, Guatemala, Israel, and Jordan.

⁴ The advent of the internet-based electronic medical record marked the end of the confidential doctor-patient relationship. Third party payment handed control over to insurance or government entitlements.

⁵ B12 injections were only FDA approved for pernicious anemia

very rapidly. Bactroban ointment delivered off-label, in a Neti Pot has been used by hundreds of EENT specialists to cure resistant sinusitis.

During my time at US Health Works in Huber Heights, Ohio. I had discovered that larger doses of Lugotabs Iodine taken with larger doses of Liposomal Vitamin C would shorten healing of sprains and fractures by as much as 2 weeks. I was fired when the CEO found that such rapid healing had lost the facility thousand\$ in physical therapy charges that year.

In early May of 2020, I found myself face to face with Mayor Bill De Blasio and NY Governor Mario Cuomo at a COVID ICU in Queens. I was part of confronting them to remove the body bags that they had placed on every patient bed. Over my month-long service there I witnessed their angry frustration with our facility when nobody died because we were using off-label Hydroxychloroquine with zinc. The pandemic was no-doubt prolonged and exacerbated because physicians and pharmacists were arbitrarily denied the right to lawfully prescribe off-label medications.

I was an eyewitness at multiple COVID ICU Hospitals where we could have saved hundreds of patients had the hospital not followed draconian CDC "guidelines", most of which have now been proven useless at best and deadly at worst. One example of that was the nebulization of any drug like Albuterol, Atrovent, or especially Budesonide, a mild low-dose steroid instead of the CDC recommended initial massive doses of IV Dexamethasone. Massive doses of steroids stopped the cytokine riots or "storm" by firing the body's natural immune police, shutting down the government of the adrenals. But, nebulization was forbidden for fear of spreading the virus to hospital staff. This was senseless because these facilities had spent millions on negative pressure rooms with hyperfiltered air.

Most doctors were forced to write for Remdesivir, (Run Death Is Near) with devastating consequences. We were also coerced into paralyzing patients with curare-based paralyzing agents and Precedex to subdue patients who then often failed to wake up. It will forever haunt me.

Antibody-rich plasma from COVID survivors⁶ had saved dozens in El Paso and NY, This blood product was denied us, and not even stocked, at Specialty Hospital of Laredo. I was fired over a "safety issue" when I ordered COVID antibody-rich plasma for an immunologically vulnerable, elderly, obese, high risk, diabetic patient who was not yet COVID positive but would soon be. He had been transferred from another hospital to our filthy, COVID-contaminated facility to recover from his leg amputation. Since FDA only approved COVID antibodies for patients who were already infected, it was deemed "unsafe" to use it to prevent the

⁶ (prior to the vaccines that wiped out all natural COVJD antibodies).

certain death of this man. Unprotected by any antibodies, he later died with COVID by oxygen poisoning and excessive sedation on a ventilator.

Although some elderly sick patients died when COVID exacerbated their preexisting disease, the vast majority who died on ventilators were ushered off this mortal plane by CDC false policies, procedures, and protocols. They didn't have to die during this pandemic, and I pray HB 73 will pass so more will not have to die in the next one.

I would like to remind the committee that doctors are licensed to practice medicine as self-governed servants. The special knowledge and expertise we have is not allowed to be fully applied because of an illegitimate political agenda that continues to this day...

As we speak, 68-year-old Hasbro toy-master and inventor of all the Star Wars action figures, Mark Boudreaux, has been trapped on a ventilator for 14 months and is currently being denied access to cutting edge stem cells with exosomes to regenerate his lungs. Bethesda North has refused to order them despite their FDA approval for emergency compassionate use. It's hard to fathom a hospital that would deny a patient, who has written on his pad, "I want to live", the only treatment that can save him, yet here we are.

Primum non nocere L. First do no harm

I implore you all to return the right of health providers to utilize their individualized skills to effectively treat their patients, by voting Yes on HB 73. Thank you.

Charles J. Thurston, MD

HB 73 IN PRRSON proponent testimony witness OHRHealthProviderServicesCommittee@ohiohouse.gov Info@OhioAMF.org