

WITNESS INFORMATION FORM

Please complete the Witness Information Form before testifying:

Date: 4/17/23

Name: Sarah World

Are you representing: **Yourself** Organization

Organization (If Applicable): Find Your Way Counseling & Consulting LLC

Position/Title: Practice Owner

Address: 10945 Reed Hartman Hwy Suite 313

City: Blue Ash

State: OH Zip: 45242

Best Contact Telephone: 513-392-8034 Email: sarah@findyourwayllc.com

Do you wish to be added to the committee notice email distribution list? Yes No

Business before the committee

Legislation (Bill/Resolution Number): HB6

Specific Issue: Transgender Athletes in school sports

Are you testifying as a: Proponent **Opponent** Interested Party

Will you have a written statement, visual aids, or other material to distribute? Yes No

(If yes, please send an electronic version of the documents, if possible, to the Chair's office prior to committee. You may also submit hard copies to the Chair's staff prior to committee.) How much time will your testimony require? 3 mins

Please provide a brief statement on your position:

Transgender girls and women should be allowed to participate in high school and college level sport.

Please be advised that this form and any materials (written or otherwise) submitted or presented to this committee are records that may be requested by the public and may be published online.

Find Your Way Counseling & Consulting LLC

10945 Reed Hartman Hwy, Suite 313

Blue Ash, OH 45242

Date: 4/17/23

RE: HB6

To: House Committee Higher Education, Chair: Rep. Tom Young

My name is Sarah World and I am a full-time private practice therapist and partner at Find Your Way Counseling & Consulting LLC. I have a Masters degree in Social Work from the University of Kentucky and am independently licensed with supervisory designation in the state of Ohio. I have a Master degree in Community and Public Health Education from the University of Cincinnati. I am also an Ohio resident. I began my private practice in 2019 and work largely with the LGBTQ population of all ages. I was employed full time at Cincinnati Children's Hospital Medical Center (CCHMC) from 2008-2019. I worked as a social worker in the transgender clinic at CCHMC from 2013-2019 where I assessed and evaluated ~1500 patients and their families who presented with gender identity concerns.

I am writing this testimony in opposition of HB6. As a licensed social worker who has worked directly with the transgender and gender non-conforming population for 10 years, I have significant experience in understanding Gender Dysphoria, co-morbid mental health diagnoses and helping my clients be welladjusted, happy, healthy and safe individuals. Transgender individuals should have equal access to the benefits of participating in sports same as their cisgender peers. Some of these benefits include: positive physical and mental health, improved self-esteem and self-confidence, improved academics and social life and building leadership and teamwork skills. Discriminatory and exclusive policies have harmful implications to transgender individuals such as: higher rates of depression, school absenteeism, and lower self-esteem. Transgender girls and women are a small part of the population with varying degrees of physical ability and pose no threat to cisgender females.

I implore you to reject HB6 and any legislation that would ban trans athletes from participating in school sports. Banning transgender female athletes from participating in sports is just another form of discrimination and mistreatment towards transgender individuals. Sincerely,



Sarah World MS, MSW, LISW-S

She/her/hers

sarah@findyourwayllc.com

513-392-8034