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STATE OF OHIO

Executive Department

OFFICE OF THE GOVERNOR

Columbus

I, Mike DeWine, Governor of the State of Ohio, do hereby appoint Cara A. Carramusa, from Poland, Mahoning County, Ohio, as a Member of the Ohio Occupational Therapy, Physical Therapy and Athletic Trainers Board for a term beginning March 19, 2024 and ending at the close of business August 27, 2026, replacing Timothy E. McIntire, whose term expired.



IN WITNESS WHEREOF, I have hereunto subscribed my name and caused the Great Seal of the State of Ohio to be affixed, at Columbus, this 19th day of March in the year of our Lord, Two Thousand and Twenty Four.

Mike DeWine

Mike DeWine
Governor

Dr. Cara A. Berg-Carramusa, PT, MSPT, EdD

Board Certified Geriatric Clinical Specialist

2944 Saginaw Drive

Poland, Ohio 44514

Cell: (412) 417-8598

carramusapt@gmail.com

Education

EdD in Educational Leadership

Youngstown State University, Youngstown, OH

August 2016- August 2019

Dissertation: *Markers of an Effective Physical Therapist from the Perspective of Key Stakeholders: A Delphi Study.*

Committee Chair: Dr. Karen Larwin, PhD

BS/ MS Physical Therapy, *Cum Laude*

D'Youville College, Buffalo, NY

September 1995- May 2000

Licensure Information

Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board
Physical Therapist, License #OH-011542

Certifications

Blackboard Certified Practitioner in Digital Teaching and Learning

Blackboard Academy

December 2020

Collaborative Institutional Training Initiative (CITI) Program

Social & Behavioral Research- Basic/ Refresher

June 2022 - June 2025

Basic Life Support for Healthcare Providers

American Red Cross

July 2021- July 2023

The Otago Exercise Program

University of North Carolina School of Medicine- Center for Aging and Health

Carolina Geriatric Workforce Enhancement Program (CGWEP)

May 2015

American Board of Physical Therapy Specialists (ABPTS)
Board Certified Specialist in Geriatrics
May 2014- present

Functional Independent Measure Systems (FIMS) Certification
Uniform Data System for Medical Rehabilitation
May 2006

Employment and Positions Held

2018- 2023	Associate Professor and Director of Clinical Education Graduate Faculty- Category I (2021) Department of Graduate Studies in Health and Rehabilitation Sciences Doctor of Physical Therapy Program/ PhD in Health Sciences <i>Promoted & Tenured</i> Youngstown State University Youngstown, OH
2015- 2018	Lecturer and Director of Clinical Education Doctor of Physical Therapy Program Youngstown State University Youngstown, OH
2023- present	Physical Therapist- Per Diem Lifeline Partners, LLC Youngstown, OH
2023- present	Physical Therapist- Per Diem Absolute Rehabilitation & Consulting – Absolute Health Services North Canton, OH
2022- 2023	Physical Therapist- Per Diem Expand Health at Home Niles, OH
2018- 2020	Physical Therapist- Per Diem Briarfield Manor and Ashley Circle Austintown, OH
2018- 2021	Speakers Bureau- Expert Speaker Mahoning Valley Lifelong Learning Institute Youngstown, OH

2017- 2018	Physical Therapist- Per Diem Blue Sky Therapy Canfield, OH
2015- 2017	Physical Therapist- Per Diem Ohio Living Park Vista- Ohio Presbyterian Retirement Services Youngstown, OH
2015- 2017	Physical Therapist- Per Diem TuDor Physical Therapy Boardman, OH
2014- 2016	Continuing Education Course Instructor Dynamic Therapy, Inc. Cleveland, OH
2011- 2015	Director of Therapy Services Physical, Occupational, and Speech Therapy Department Inpatient and Outpatient Rehabilitation Services Ohio Living Park Vista- Ohio Presbyterian Retirement Services Youngstown, OH
2006- 2011	Director of Rehabilitation Services Physical, Occupational, and Speech Therapy Department Inpatient, Sub-acute, and Outpatient Rehabilitation Services Greenbriar Continuum Care (TransHealth/ CommuniCare), Boardman, OH
2007- 2015	Limited Service/ Adjunct Faculty Physical Therapy Program Youngstown State University Youngstown, OH
2001- 2006	Senior Physical Therapist and Site Coordinator of Clinical Education Acute Care- Intensive Care Unit, Neuro-trauma/ Neurovascular, and Transplant Specialties University of Pittsburgh Medical Center (UPMC) Centers for Rehab Services (CRS) Presbyterian and Montefiore Hospitals Pittsburgh, PA
2004-2005	Physical Therapist- Supervisor, Educator, Coordinator Istituto Mediterraneo Per I Trapianti E Terapie Ad Alta Specializzazione (IsMETT- a transplant specialty hospital) University of Pittsburgh Medical Center (UPMC)

- Centers for Rehab Services (CRS)
Palermo, Sicily, Italy
- 2001- 2006 Physical Therapist- Per Diem
University of Pittsburgh Medical Center (UPMC)
Centers for Rehab Services (CRS)
Shadyside Hospital
Pittsburgh, PA
- 2005- 2006 Limited Service Faculty
Physical Therapy Program
Duquesne University
Pittsburgh, PA
- 2000- 2001 Staff Physical Therapist
Outpatient and Sports-based Therapy services
Greater Buffalo Physical Therapy
Buffalo, NY

Peer Reviewed Publications

Berg-Carramusa, C., Mucha, M., Sommers, K., & Piemonte, N. (2023). The time is now: Leveraging the affective domain in physical therapy education and clinical practice. *Journal of Physical Therapy Education*; 37(2), 102-107. DOI: 10.1097/JTE.0000000000000271

Manuscript chosen by the JoPTE Editor-in-Chief (Dr. Keshrie Naidoo) for the journal's quarterly highlight to release as "free" to readers (June 2023 issue)

Berg-Carramusa, C. (2019). Markers of an effective physical therapist from the perspective of key stakeholders: A Delphi study (Doctoral dissertation). Retrieved from

https://etd.ohiolink.edu/apexprod/rws_etd/send_file/send?accession=ysu1564138007475383&disposition=inline

Schenk, R.J., **Berg, C.**, Dombek, M., Goodberlet, T., Goldstein, J., Remchuk, S., Vachhani, P., Wolfert, C. (2002). The Validity of the Lumbar Spine Index (abstract). *J Orthop Sports Phys Ther*; 32(1), 21.

Schenk, R.J., **Berg, C.**, Dombek, M., Goodberlet, T., Goldstein, J., Remchuk, S., Vachhani, P., Wolfert, C. (2001). The Validity of the Lumbar Spine Index [abstract]. *J Manual Manipulative Ther*; 9(3), 169-170.

Schenk, R.J., **Berg, C.**, Dombek, M. Goodberlet, T., Goldstein, J., Remchuck, S., Vachhani, P., Wolfert, C. (2003). The Lumbar Spine Index and Relationships to Patient Function. *Orthop Phys Ther Prac*; 15, 7-12.

Manuscripts Under Review

Mucha, M., McCallum, C., Murray, L., & **Berg-Carramusa, C.** (2022). Values in Physical Therapy: A Scoping Review.

Manuscript submitted *Journal of Physical Therapy Education (JOPTE)*; December 2022 – under review with major revisions suggested for re-submission

Lairson, A., **Berg-Carramusa, C.**, Murray, L., McCallum, C. (2023). Instructional Platforms and Teaching Strategies for Addressing Financial Management Knowledge, Skills, and Attitudes in Entry-Level Physical Therapy Education: A Systematic Review.

Manuscript submitted *Journal of Physical Therapy Education (JOPTE)*; February 2023 – under review with minor revisions suggested for re-submission

Lairson, A., **Berg-Carramusa, C.**, Murray, L., McCallum, C. (2023). Financial Management Knowledge, Skills, and Attitudes of Student Physical Therapists in a Terminal Clinical Education Experience: A Retrospective Analysis.

Manuscript submitted *Journal of Physical Therapy Education (JOPTE)*; February 2023

Tilstra, M., **Berg-Carramusa, C.**, Kepner, K., Peets, T. (2023). Cultural Competence with Humility Using Interprofessional Multicultural Learning Activities: Student Perceptions.

Manuscript submitted *Journal of Occupational Therapy Education (JOTE)*; March 2023 – under review with minor revisions suggested for re-submission

Lairson, A., **Berg-Carramusa, C.**, Murray, L., McCallum, C. (2023). Financial Resource Management Knowledge, Skills, and Attitudes for Entry-level Physical Therapist Practice: A Survey of Physical Therapists in Ohio.

Manuscript submitted *Journal of Physical Therapy Education (JOPTE)*; March 2023– under review with minor revisions suggested for re-submission

Ickert, E., **Berg-Carramusa, C.**, Hughes, T., Kerns, L. & Dudash, S. (2023). Overestimation of Balance Ability Among Older Adults at Risk for Falls.

Manuscript submitted *Journal of Aging and Health*; April 2023 – under review with minor revisions suggested for re-submission

Peer Reviewed, Scientific, and Professional Presentations

Ohio Physical Therapy Association's Annual Conference- Transform 2021
Building the Future of the Profession Through Collaborative Clinical Education Processes

Apke, T., Bayliss, J., **Berg-Carramusa, C.**, Both, A., Howman, J., Knettle, M.,
Matson, M., Renner, T., & Reynolds, E.

April 2023

Columbus, OH

East Central District- Student Symposium, Ohio Physical Therapy Association
The Value of Balance Confidence in Older Adult Fall Risk Assessment

Berg-Carramusa C. & Dudash, S.

November 2022

Youngstown State University

Youngstown, OH

Gerontological Society of America Annual Scientific Meeting

The Value of Balance Confidence in Older Adult Fall Risk Assessment

Hughes T.F., Ickert, E.C., Kerns, L., Kellar, G., **Berg-Carramusa C.**

Presentation

November 2022

Indianapolis, IN

Educational Leadership Conference 2022

*A New Model to Advance a Collaborative Clinical Education Placement Process:
A Consortium Core Network*

Bayliss, J., Howman, J., Both, A., **Berg-Carramusa, C.**, Renner, T., Apke, T.,
McIntyre, K., Pollacek, A., Reynolds, E., & Knettle, M.

Educational Session

October 2022

Milwaukee, WI

45th annual Ohio Association for Gerontology and Education

Fall Risk Assessment, Awareness, and Prevention Behaviors among Older Adults

Balog-Bickerstaff, N., Kerns, L., **Berg-Carramusa, C.**, & Hughes T.F.

Paper presentation

April 2022

Youngstown, OH.

East Central District- Student Symposium, Ohio Physical Therapy Association
Finding Value in Values

Mucha, M. & **Berg-Carramusa C.**

November 2021

Walsh University
Canton, OH

Three Rivers Academic Consortium (3RAC)- Clinical Education Day Workshop
Essential Professional Skills- The Why of "Soft Skills" in Physical Therapy Practice

Berg-Carramusa, C.
September 2021
Virtual Conference

Ohio Injury Prevention Partnership: Older Adults Falls Prevention Coalition,
Fall Prevention Symposium

The CDC's "STEADI" Toolkit in the Community Setting- Project VIBE
Berg-Carramusa, C. & Hughes, T.F.
August 2021
Virtual Conference

Ohio Physical Therapy Association's Annual Conference- Transform 2021
Walk with a Doc... of Physical Therapy

Berg-Carramusa, C.
April 2021
Virtual Conference

Gerontological Society of America Annual Scientific Meeting
The Association Between Cognition and Fall Risk Based on the STEADI Algorithm: Project VIBE

Hughes, T.F., **Berg-Carramusa, C.**, & VanDussen, D.J.
Poster presentation
November 2019
Austin, TX

East Central District- Student Symposium, Ohio Physical Therapy Association
Walk with a Doc of Physical Therapy (Faculty Lead)

DeFuria, M., Morton, R., Morrell, K., **Carramusa, C.**
October 2019
Walsh University
Canton, OH

Ohio Nurses Association- District 3
STEADI- Are You?

Berg-Carramusa, C.
Continuing Education Course Presentation
September 2019
Austintown, OH

Ohio Injury Prevention Partnership: Older Adults Falls Prevention Coalition,

*Fall Prevention Symposium: Preventing Falls Among Older Ohioans-
Collaborating for Success!*

Invited Panel Expert- Case Presentation from the lens of a Physical Therapist
*Core Elements for Fall Prevention: Screen, Assess, Intervene- A Case Study on
Mrs. Parker and Healthcare Collaboration*

March 2019

Columbus, OH

42nd Annual Ohio Association of Gerontology and Education (OAGE)

The Faces of Aging: Policy and Politics

Hughes, T., **Berg-Carramusa, C.**, Viviano, N., & Coyne, S.

Symposium Presentation

Fall Risk and Prevention in the Mahoning Valley: Project VIBE

March 2018

Akron, OH

American Physical Therapy Association's Combined Sections Meeting
National Physical Therapy Conference- Academy of Physical Therapy Education
Platform Presentation

*A Collaborative, Contextualized, and Dynamic Integrated Model for a First-Time
Clinical Education Experience.*

Giuffre, S., Landgraff, N., **Berg-Carramusa, C.**

February 2018

New Orleans, LA

STAND Haiti Benefit Fundraiser- Youngstown State University

Staying in Balance: How to Measure It and Make It Happen in an Older Adult

Berg-Carramusa, C.

Continuing Education Course Presentation

December 2016

Youngstown, OH

Ohio Occupational Therapy Association Regional Meeting

Hillside Rehabilitation Hospital

STEADI: Are You?

Berg-Carramusa, C.

Continuing Education Course Presentation

September 2016

Warren, OH

Ohio Association of Gerontology and Education (OAGE)

The Faces of Aging: Redefining Health and Wellness

Symposia Presentation

*Understanding the Layers of Successful Aging Through Seven Dimensions of
Wellness*

Berg-Carramusa, C., Benedict, J.

April 2016
Youngstown, OH

Ohio Physical Therapy Association- East Central District
Youngstown State University
Staying Independent: Fall Prevention and Balance Training for the Older Adult
Berg-Carramusa, C.
Continuing Education Course Presentation
December 2015
Youngstown, OH

Ohio Injury Prevention Partnership: Older Adults Falls Prevention Coalition
Falls Prevention Symposium: Strategies to Address the Epidemic
Therapy: An Essential Piece of Active Aging
Youngs, T. & **Berg-Carramusa, C.**
Presentation
November 2015
Columbus, OH

Non-Peer Reviewed Presentations

Mahoning Valley Lifelong Learning Institute
Aging is a Balancing Act! (April 2021)
Dem Bones, Dem Bones, Dem Dry Bones! Making the Connection for Good Bone Health (October 2020)
Staying in Balance: Aiming for Independence and Optimizing Quality of Life (September 2020)
Cortland, OH

Tai Chi: Moving for Better Balance and a Better YOU! (November 2019)
Age-related Body Changes (October 2019)
Don't Think Old, Think active! Movement is life! (February 2018)
Feeling the Vibe... "Project VIBE" (April 2017)
Youngstown, OH

Canfield Rotary
WWAD Community Wellness Initiative
January 2020
Canfield, OH
Mahoning Valley Lifelong Learning Institute- Women's Symposium
Youngstown, OH

Youngstown State University- Kinesiology and Sports Science
What is a Physical Therapist?
February 2019- present (on-going each semester)

Youngstown, OH

Youngstown State University Institute for Learning in Retirement
Don't Think Old, Think Active! Movement is Life!

March 2019

Youngstown, OH

Ohio Living Park Vista Breakfast Club

Project "VIBE": Valley Initiative to promote Balance among the Elderly

March 2018

Youngstown, OH

Liberty Arms Assisted Living

Active Aging & Embracing Wellness

January 2018

Youngstown, OH

Youngstown State University- Department of Gerontology

Invited Expert Panel Discussion

Careers in Aging Week

Spring 2016

Grant Activity

Youngstown State University's Office of Research- University Research Council
(URC) Grant

The Values of Physical Therapists

Carramusa, C.

October 2022 (Funded)- \$251.84

Youngstown State University's Office of Research- Financial Research Support
Request

Individual Values in Physical Therapy

Carramusa, C. & Mucha, M.

September 2022 (Funded)- \$1,424.82

APTA Academy of Education Research Grant

*A New Model to Advance a Collaborative Clinical Education Placement Process:
A Consortium Core Network*

Apke, T., Bayliss, J.**, **Berg-Carramusa, C.**, Both, A., Howman, J., Knettle, M.,
Pollacek, A., Renner, T., Reynolds, R., Vaishnav, K., Vitak, K.

September 2022 (Not Funded)- \$16,708.99

Northeastern Ohio Area Health Education Center (AHEC) Funding- \$2,000

YSU/Mercy Health Fall Prevention Initiative

Berg-Carramusa, C. & Hughes, T.
April 2021 (Funded)

Northeastern Ohio Area Health Education Center (AHEC) Funding
Project VIBE

Berg-Carramusa, C. & Hughes, T.
August 2020 (Funded)- \$2,200 (Geriatric Certificate Curriculum Development)
January 2019 (Funded)- \$5,000

Northeastern Ohio Area Health Education Center (AHEC) Funding- \$1,000
Walk with a Doc

Berg-Carramusa, C.
March 2018 (Funded)- \$1,000
Summer 2017 (Funded)- \$1,000

Youngstown State University's Office of Assessment Mini-Grant Funding
Program- \$700
Integrated Clinical Education experience in a first Year DPT program: Does this model impact student learning and clinical decision making?
Berg-Carramusa, C., Landgraff, N., & Giuffre, S.
April 2016 (Funded)

Current/ Active Scholarly Projects

Affective Domain of Physical Therapy Education

(Berg-Carramusa, C. **, Somers, K., Mucha, M., Brown, N., Dodds, C., Atkins, T., Gruden, J.) – PI

Student and faculty perceptions/ needs for affective domain development in PT academic programs (x5) to support a comprehensive process of profession formation through the cognitive, psychomotor, and affective domains of learning.

Project development phase

A New Model to Advance a Collaborative Clinical Education Placement Process: A Consortium Core Network (CCN)

(Apke, T., Bayliss, J. **, Berg-Carramusa, C., Both, A., Howman, J., Knettle, M., Pollacek, A., Renner, T., Reynolds, R., Vaishnav, K., Vitak, K.) – Co-investigator

Purpose: To develop a collaborative, consortium core network (CCN) through which clinical education (CE) sites and academic programs can collectively design, utilize, and assess a newly established physical therapist CE placement process (PT-CEPP) using a web-based platform (Exxat) accessible to all stakeholders.

Continued project development/ refinement from initial pilot (2022) and implementation of CCN process for 2023-24

Manuscript preparation

Bayliss, J., **Berg-Carramusa, C.**, Both, A., Knettle, M., Reynolds, E. (2023). A New Model to Advance a Collaborative Clinical Education Placement Process: A Consortium Core Network (CCN) – Part One. Manuscript in process for *Journal of Physical Therapy Education (JoPTE)* submission

Project VIBE (Valley Initiative to promote Balance among Elders) [2.0]

(Hughes, T. **, **Berg-Carramusa, C. ****, Ickert, E., Dudash, S.) – Co-PI

Purpose: A longitudinal research project that blended community service and student-centered experiential learning with fall risk assessments among community-dwelling older adults (60+) through an enhanced assessment protocol based on the Centers for Disease Control and Prevention (CDC) “STEADI” (Stopping Elderly Accidents, Deaths, and Injuries) Toolkit.

Data Collection Termed

Manuscript preparation/ Data Analyses

Membership in Scientific/ Professional Organizations

American Physical Therapy Association (APTA)	2009- present
<u>Current Section Membership</u> (2019):	
APTA Geriatrics (Member)	2012- present
Health Promotion & Wellness SIG	2018- present
Balance & Falls SIG	2016- present
APTA Academy of Education (Member)	2015- present
Clinical Education SIG	2015- present
Academic Faculty SIG	2015- present
Scholarship of Education SIG/ “SIG-Sortium”	2019- present
Education Research Network (ERN)	2019- 2021
APTA Section on Research (Member)	2019- 2021
Qualitative Research SIG	2019- 2021
APTA Academy of Leadership and Innovation (Member)	2022- present
PT Proud	2022- present
APTA Home Health (Member)	2022- present
*American Council of Academic Physical Therapy	2015- present
National Consortium of Clinical Educators	2016- present
Consortium for the Humanities, Ethics, and Professionalism	2018- present
Clinical Reasoning Curricula and Assessment	2019- present
Education and Pedagogy Consortium	2019- present
Individual membership	2021- present
Ohio Physical Therapy Association and East Central District	2009- present
*Ohio Kentucky Consortium of Physical Therapy Programs	2015- 2023

Ohio Injury Prevention Partnership- Ohio Older Adults Fall Prevention Coalition	2012- present
Conference/ Workshop Subcommittee	2015- 2023
National Falls Prevention Awareness Day Subcommittee	2019- 2023
American Stroke/ American Heart Association	2007- 2018
Youngstown Kiwanis	2011- 2015

* = *Institutional Membership- Institutional Representative*

Consultative, Advisory, and Leadership Positions Held/ Community Service

Ohio Physical Therapy Association	
Student Affairs Chair	2021- present
OPTA <i>Elevate</i> - Professional Plus Member	2022- present
CONNECT Mentor	2019- 2021
Ohio Student Core Ambassador- YSU Faculty Liaison	2016- 2023
East Central District Board Member (Secretary)	2009- 2021

The Scholarly Teacher
Journal Reviewer 2022- present

The Clinical Teacher
Journal Reviewer 2022- present

Physiotherapy Research International
Journal Reviewer 2021- present

Physiotherapy Theory and Practice- An International Journal of Physical Therapy
Journal Reviewer 2021- present

Ohio Living Lake Vista Executive Board of Directors 2020- 2022

Eastern Ohio Area Health Education Center Scholars Advisory Committee
(EOAHEC)
Board Member 2018- 2020

Walk with a Doc Community Wellness Initiative
Walk Leader 2017- 2021

Ohio Department of Aging's "10 Million Steps to Prevent Falls" 2019

Cleveland Clinic Center for Health Sciences Education Higher Education
Advisory Committee- Member (YSU) 2017- 2023

Ohio Kentucky Consortium of Physical Therapy Programs Executive Board Treasurer	2016- 2023
Matter of Balance Program “Expert” Advisor/ Presenter	2013- 2023
Parkinson’s Support Group- National Parkinson’s Foundation Park Vista of Youngstown Co-chair	2012- 2015
Advisory Committee Member University of Findlay Department of Physical Therapy, Findlay, OH	2009
Operation Stroke: American Heart/ American Stroke Association	2007- 2019
American Heart/ American Stroke Association- Gala Committee	2007- 2015

Services to the University/ College/ School on Committees/ Councils/ Community

Youngstown State University

Institutional Review Board- Consultant	2020- 2023
Transdisciplinary Clinical Education Work Group Committee Originator/ Leader	2020- 2021 2020- 2021
IT Governance- Technical Advisory Committee (TAC)	2019- 2023
Distinguished Professorship Review Committee	2019
Academic Senate- At Large Academic Events Committee Member	2017- 2019 2018- 2023
Culture of Community Committee- Excellence and Engagement (RISE)	2016- 2018
Department of Gerontology Steering Committee	2015- 2019

Bitonte College of Health and Human Services

Youngstown State University- Search Committee Member Exercise Physiology (x 2 searches)	2021
Transdisciplinary Council	2020- 2023
BCHHS Transdisciplinary Research Task Force	2020- 2023
Moving Forward Advisory Group	2019- 2023
Assessment Committee	2019- 2023
Distinguished Professorship Review Committee	2019
Professionalism Curriculum Planning Committee	2018- 2023
Dean’s Advisory Committee	2016- 2019
Mission Statement and Strategic Planning	2017- 2019
Nursing Body Mechanics Lab/ Demonstration	2016- 2023
Phon-A-Thon	2016- 2018
YSU/ BCHHS Canfield Fair Volunteer	2016- 2018

Department of Graduate Studies in Health and Human Services/

Department of Physical Therapy

PhD in Health Sciences- Advisory Committee	2021- 2023
Curriculum Committee	2021- 2023
Assessment Committee	2021- 2023
Social Media Taskforce	2019- 2023
Northeastern Ohio Medical University Palpation Lab	2018- 2020
TeamSteps Debriefing Training/ Facilitator/ Simulation Event	2017- 2021
<i>Walk with a Doc</i> - Program Leader and Facilitator	2017- 2021
Academic Appeals Panel Committee	2015- 2023
Academic Board of Review Committee	2015- 2023
Admissions Committee	2015- 2023
Co-chair	2018- 2020
Advisory Committee	2015- 2023
DPT Cohort- Class Advisor	
December Class of 2022	2020- 2023
Class of 2019	2016- 2019
Curriculum Review Committee	2015- 2023
DPT Student Advisory Committee	2015- 2023
Scholarship Committee	2015- 2023
University Open Houses Committee	2015- 2023
Facebook Page Administrator	2015- 2023
Search Committee Member	2017- 2023

Honors and Awards

D'Youville University's Athletics Hall of Fame – Buffalo, NY	
Class of 2022-2023 – Softball	2023
Youngstown State University VIP Department of Physical Therapy	
VIP Awardee	2014
Youngstown/ Warren Regional Chamber's "Athena" Nominee	2012
Mahoning Valley's Young Professional's "25 Under 35" Nominee	2012

Continuing Education Attended

2023	Youngstown State University- Institute for Teaching and Learning
	Virtual Fresh Start Workshop
	<i>Supporting Students (and yourself)</i>
	<i>What's New in Classroom Technology</i>
	<i>Fantastic University Design (UDL) with Thomas Tobin</i>

January 2023

AIG Grant Writing Workshop Series

Planning and Writing Successful Grant Proposals

Before You Begin to Write | The Critical First Page | Justifying Need + Proving Feasibility | Approach + Everything Else

Cleveland State University, Kent State University, Northeast Ohio Medical University, The University of Akron, Youngstown State University

AtKisson, Training Group

February - March 2023

Ohio Professionals Health Program (PHP) – Safe Haven Program

When a Healthcare Professional Needs Help: A Guide for licensees of the OTPTAT Board

March 2023

OPTA

Introduction to Neural Manipulation

Webinar

March 2023

OPTA Annual State Conference

Advocacy Day & Transform

April 2023

Columbus, OH

2022 Youngstown State University- Institute for Teaching and Learning
Virtual Fresh Start Workshop

EduNerds Assemble. Fighting Big Teaching Myths in Troubled Times

Emotional Labor: Staying Resilient, Working Well

January 2022

American Physical Therapy Association's Combined Sections Meeting
National Physical Therapy Conference

February 2022

San Antonio, TX

Youngstown State University's Institute for Teaching and Learning Workshops

Getting Students to Listen—Teaching Generation Z (January 2022)

How to Grade Less—Student Assessment Alternatives (February 2022)

OPTA Annual State Conference

Transform

April 2022

Columbus, OH

Youngstown State University's Institute for Teaching and Learning Workshops
Preparing for Tenure and Promotion Webinar
April 2022
Youngstown, OH

OPTA Research Committee
Research Analysis
May 2022
Webinar

EXXAT- Prism
Cohere X Workshop
August 2022
Pittsburgh, PA

OPTA
Leadership Development Conference
September 2022
Columbus, OH

ACAPT Webinars
Intentional Infusion of the Master Adaptive Framework in Residency and Clinical Education
Drs. Rebecca Bliss and Lindsay Holland
September 2022

ACAPT Webinars
Meeting the Needs of Generation Z and Preparing Future Professionals
Drs. Kyle Covington and Katherine Myers
September 2022

Youngstown State University
Creating Psychological Safe Workplaces
Workr Being- Drs. Katrina Sawyer & Patricia Grabarek
September 2022
Webinar

Educational Leadership Conference, American Physical Therapy Association
October 2022
Milwaukee, WI

PTJ Peer Review Academy
Overview for Early Career Researchers
Dr. Alan Jette, PT, PhD, FAPTA - Webinar
November 2022

2021 Youngtown State University- Institute for Teaching and Learning
Virtual Fresh Start Workshop
Effective Teaching Strategies for Teaching Online and Hybrid During COVID-19
Burnout Resilience in Challenging Times
January 2021

ACAPT Webinar (Served as a breakout session Moderator)
Resilience, Grit, and Optimism
January 2021

Youngtown State University- Institute for Teaching and Learning
Grading Workshop
Pandemic Grading- New Ways of Grading for COVID-19 and Beyond
March 2021

ACAPT Webinar (Served as a breakout session Moderator)
NCCE's Resource Sharing webinar: Alternative Learning Experiences During
Clinical Education
April 2021

Ohio Physical Therapy Association's Annual Conference
Transform 2021
Virtual Conference
April 2021

Youngtown State University- Institute for Teaching and Learning
Webinar
Teaching Distracted Minds
April 2021

Association of American Medical Colleges (AAMC)- Medical Education
Research Certificate (MERC)
Virtual Workshop Series
MERC Scholarly Writing: Publishing Medical Education Research
June 2021

ACAPT Research Intensive Programs in Physical Therapy (RIPPT)
Collaborative Research Through Systematic Reviews and Meta-Analysis (SRMA)
Webinar
June 2021

Ohio Injury Prevention Partnership: Older Adults Falls Prevention Coalition,
Fall Prevention Symposium
August 2021

Three Rivers Academic Consortium (3RAC)- Clinical Education Day Workshop

Essential Professional Skills- The Why of "Soft Skills" in Physical Therapy Practice
September 2021

Youngstown State University's Institute for Teaching and Learning Workshops
Lunch and Learn--*Grading for Equity* (October 2021)

Educational Leadership Conference, American Physical Therapy Association
Pre-Conference: *Change Leadership: Leading for Change, Leading with Change, Leading due to Change*
October 2021
Atlanta, GA

Educational Leadership Conference, American Physical Therapy Association
October 2021
Atlanta, GA

East Central District- Student Symposium, Ohio Physical Therapy Association
November 2021
Walsh University
Canton, OH

2020 All Faculty FreshStart Workshop- Youngstown State University
Teaching Toward Student Success; Get Ready
Blackboard Ultra is Here!
Things You Didn't Know You Could Do in Office 365 Education
January 2020
Youngstown, OH

American Physical Therapy Association's Combined Sections Meeting
National Physical Therapy Conference
February 2020
Denver, CO

Educational Leadership Conference, American Physical Therapy Association
October 2020
Virtual Conference- COVID (Originally scheduled for Milwaukee, WI)

Mahoning County Juvenile Court & Mahoning County Mental Health & Recovery Board
Let's Talk About LGBTQIA+? Diversity and Inclusion
November 2020
Virtual Conference

ITLC Lilly Online Conference
Enhancing Online, Onsite, and Hybrid Teaching and Learning

November 2020
Virtual Conference

Blackboard Academy
Designing Digital Teaching and Learning
Blackboard Certified Practitioner in Digital Teaching and Learning
December 2020
Virtual Training

2019 American Physical Therapy Association's Combined Sections Meeting
National Physical Therapy Conference
January 2019
Washington, DC

Ohio Injury Prevention Partnership: Older Adults Falls Prevention Coalition
Falls Prevention Symposium: *Preventing Falls Among Older Ohioans-
Collaborating for Success!*
March 2019
Columbus, OH

Eastern Ohio Area Health Education Center Scholars Advisory Committee
(EOAHEC)
Motivational Interviewing Training
April 2019
Youngstown, OH

All Faculty Workshop- Youngstown State University
High Impact Teaching! Community Engagement and Service Learning
September 2019
Youngstown, OH

OPTA Leadership Development Conference, Ohio Physical Therapy Association
September 2019
Columbus, OH

Cleveland Clinic: Cleveland Clinic Rehabilitation and Sports Therapy
Clinical Decision Making for the Acute Care Therapist
October 2019
Cleveland, OH

Educational Leadership Conference, American Physical Therapy Association
Pre-Conference: *Education Research: How to Begin Your Journey (Mini-
GAMER)*
October 2019
Bellevue, WA

Educational Leadership Conference, American Physical Therapy Association
October 2019
Bellevue, WA

East Central District- Student Symposium, Ohio Physical Therapy Association
October 2019
Walsh University
Canton, OH

Ohio-Kentucky Consortium of Physical Therapy Programs
Fall Continuing Education Course- Cleveland State University
Dual Roles in Assessment and Mentoring in Physical Therapy: A Contemporary View
November 2019
Cleveland, OH

2018 Dr. Ma's Dry Needling Institute- Integrative Dry Needling
Neurologic Needling for Pain Management and Sports Rehabilitation, January
2018
Youngstown State University
Youngstown, OH

American Physical Therapy Association's Combined Sections Meeting
National Physical Therapy Conference
Pre-Conference: *Holistic Admissions Review Workshop for PT Education Programs*
February 2018
New Orleans, LA

American Physical Therapy Association's Combined Sections Meeting
National Physical Therapy Conference
February 2018
New Orleans, LA

Ohio Association of Gerontology and Education (OAGE)
The Faces of Aging: Policy and Politics
March 2018
Akron, OH

Tai Chi Moving for Better Balance- Instructor Training and Certification
August 2018
Millersburg, OH

All Faculty Workshop- Youngstown State University
Faculty Led Study Abroad Workshop
August 2018

Youngstown, OH

OPTA Leadership Development Conference, Ohio Physical Therapy Association
September 2018
Columbus, OH

Educational Leadership Conference, American Physical Therapy Association
October 2018
Jacksonville, FL

East Central District- Student Symposium, Ohio Physical Therapy Association
November 2018
Youngstown State University
Youngstown, OH

2017 American Physical Therapy Association's Combined Sections Meeting
National Physical Therapy Conference
February 2017
San Antonio, TX

Ohio Injury Prevention Partnership: Older Adults Falls Prevention Coalition,
Fall Prevention Symposium: Strategies to Address the Epidemic
April 2017
Columbus, OH

TeamSteps GWEP Debrief Course- Summa Health
September 2017
Akron, OH

American Heart Association Symposium
Operation Stroke 11th Annual Update
October 2017
Youngstown, OH

Educational Leadership Conference, American Physical Therapy Association
October 2017
Columbus, OH

All Faculty Workshop- Youngstown State University
Growth Mindset
November 2017
Youngstown, OH

Cleveland State University
Write Winning Grant Proposals
December 2017

Cleveland, OH

2016 All Faculty FreshStart Workshop- Youngstown State University
Transitioning to an Active Learning Classroom: If I Can Do It, So Can You.
How did you learn that? Designing Innovative Lesson Plans for Learning.
Your Best Year Ever: Managing Your Mission, Yourself, and Your Time.
January 2016
Youngstown, OH

American Physical Therapy Association's Combined Sections Meeting
National Physical Therapy Conference
February 2016
Anaheim, CA

All Faculty Workshop- Youngstown State University
Redesigning Your Course Using Design Thinking
March 2016
Youngstown, OH

Youngstown State University's Annual Clinical Instructor Appreciation Event
Course Coordinator for Continuing Education Course
Youngstown State University DPT Annual CI Event
Concussion... So, What About It?
April 2016
Youngstown, OH

Walsh University
Faculty Development Workshop for New PT/PTA Faculty
June 2016
North Canton, OH

Educational Leadership Conference, American Physical Therapy Association
October 2016
Phoenix, AZ

All Faculty Workshop- Youngstown State University
Grant Writing and Opportunities
October 2016
Youngstown, OH

American Heart Association Symposium
Operation Stroke 10th Annual Update
October 2016
Youngstown, OH

Ohio-Kentucky Consortium of Physical Therapy Programs

Fall Continuing Education Course- University of Toledo
Essential Functions for the Clinical Educator: A Contemporary View
October 2016
Toledo, OH

2015 Educational Leadership Conference, American Physical Therapy Association
September 2015
Baltimore, MD

New Faculty Workshops- Youngstown State University
Active Learning Strategies and Classroom Assessment Techniques, September
2015
Classroom Issues, October 2015
Instructional Design, November 2015
Tenure and Promotion, November 2015
Youngstown, OH

Ohio Injury Prevention Partnership: Older Adults Falls Prevention Coalition
Falls Prevention Symposium: Strategies to Address the Epidemic
November 2015
Columbus, OH

Teaching

Entry-Level DPT Program - Youngstown State University

2013- 2021	Special Topics- Geriatrics (PHYT 8911) Course Coordinator (2013-2021)
2015- 2021	Clinical Decision Making II (PHYT 8905) Lecture and Lab Instruction Documentation/ Acute Care/ Neuro/ Integumentary
2015- 2023	Clinical Decision Making IV (PHYT 8915) Lecture and Lab Instruction Acute Care/ Neuro/ Integumentary
2015- 2023	Professional Issues in Physical Therapy (PHYT 8918) Course Coordinator (2018- present)
2015- 2019	Pro Bono Clinic
2015- 2019	Pathology (PHYT 8800) Integumentary Pathology
2016- 2019	Clinical Decision Making I (PHYT 8901) Lecture and Lab Instruction Documentation, Acute Care, Neuro
2016- 2023	Clinical Decision Making III (PHYT 8909) Acute Care, Neuro
2017- 2019	Critical Inquiry II (PHYT 8910) Student research project facilitator

- 2017- 2023 Community Applications (PHYT 8923)
 Project Consultant- "Walk with a Doc" (2017-2019)
 Project Consultant- International PT (2018)
 Telehealth in PT (2020)
 Population Health (2021-present)
 Socialization of the PT Profession in the community (2021-present)
- 2019- 2020 Interprofessional Education for Health Professions (HAHS 5875)
 Lab Facilitator
- 2020- 2023 Clinical Foundation Skills (PHYT 8933)
 Essential Professional Skills (EPS) curriculum developer
 and content facilitator (2020-present)

Clinical Education Series

- 2016- 2019 Integrated Clinical Experience/ Clinical Education I (PHYT 8904)
 Course Coordinator (2016-2019)
 Clinical Instructor (2016-2018)
- 2016- 2023 Clinical Education II/ PHYT 8914- (2015-2021)
 Clinical Education Experience I/ PHYT 8914 (2022-present)
 Course Coordinator
- 2015- 2023 Clinical Education III/ PHYT 8919- (2015-2021)
 Clinical Education Experience II/ PHYT 8919 (2022-present)
 Course Coordinator
- 2016- 2023 Clinical Education IV/ PHYT 8920- (2016-2022)
 Clinical Education Experience III/ PHYT 8920 (2022-present)
 Course Coordinator

**COVID Pandemic 2020- hybrid (on-line & in person) curriculum delivery*
**3/23/2020- COVID Pandemic- transition to 100% on-line curriculum delivery*
(Spring/ Summer 2020); transitioned to hybrid Fall 2020

PhD Health Sciences Program - Youngstown State University

- 2020- 2023 Graduate Research in Health Sciences (PHYT 8990)
 Mentored Instruction (PHYT 8962)

Dissertation Projects

Mentee: Dr. Alexia Lairson, PT, DPT, PhD - *Board Certified Geriatric Clinical Specialist*

Lairson, A., Carramusa, C., Murray, L., & McCallum, C. (2022).
 Dissertation Chair; Youngstown State University.

Defense (March 2023) and Graduation (May 2023)

***Exploration of Financial Management Knowledge and Skill
 Development for Entry-level Physical Therapist Practice***

(Lairson, A., **Berg-Carramusa, C.** [Dissertation Chair], McCallum, C., Murray, L.) – Co-investigator

Purpose: To better understand what entry-level competence equates to (from the PT Practitioner lens) and how it is taught in terms of knowledge, skills, and attitudes in the context of financial resources/ financial management of physical therapy services to support academic preparation in this criterion as measured by the APTA CPIWeb PT-Clinical Performance Instrument (CPI).

Hybrid; 3-manuscript Dissertation

What financial management content and concepts are covered in U.S. entry-level physical therapist education programs and what methods are used to deliver this information? (Systematic Review)

What knowledge, skills and attitudes are required for entry-level clinical performance for physical therapy students according to final assessment on CPI by their clinical instructor(s)? (APTA PT-CPI 2.0 Criterion #17 data analyses)

What are the perceptions of new professional physical therapists regarding the academic and clinical preparation of financial management aspects of clinical practice and what is the importance of these concepts? (Survey data analyses)

Mentee: Dr. Michele Tilstra, OT, DOT

Tilstra, M., **Carramusa, C.**, Keptner, K., Peets, T. (2022).
Dissertation Chair; Youngstown State University.
Defense (March 2023) and Graduation (May 2023)

Cultural Competence with Humility

(Tilstra, M., **Berg-Carramusa, C.** [Dissertation Chair], Keptner, K., Peets, T.) – Co-investigator

Purpose: To examine the effects of an interprofessional training program as a novel instructional strategy for facilitating Cultural Competence with Humility (CCH) in Master of Occupational Therapy and Counseling students.

Hybrid; 3-manuscript Dissertation

How do the COPE students perceive the importance of the learning activities in their development of CCH? (LAS survey data analyses)

How does the COPE program impact student performance on CCH during their Level II fieldwork? (FWPE-OT data analyses)

How does the COPE program impact students' perceptions of CCH? (M-CCSA survey data analyses)

Mentee: Dr. Matthew Mucha, PT, DPT - Board Certified Geriatric Clinical Specialist

Mucha, M., Carramusa, C., Murray, L., Domholdt, E., & McCallum, C. (2022).
Dissertation Chair; Youngstown State University.

Defense (June 2023) and Graduation (Walked May 2023)

Values in Physical Therapy Practice and Education

*(Mucha, M., Berg-Carramusa, C. [Dissertation Chair], McCallum, C.,
Murray, L., Domholdt, E.) – Co-investigator*

Purpose: To explore the values of physical therapists to support
professional formation/ professional identity/ PT academic preparation.

Hybrid: 3-manuscript Dissertation

Scoping Review- Values in Physical Therapy (manuscript under
review)

Values of Physical Therapists

The Values of Physical Therapy Education in the United States –
A Qualitative Analysis of PT Academic Programs Mission and
Vision Statements

Independent PhD Committee Member - Xavier University

Mentee: Dr. Erin Hofmeyer, PT, DPT – *Board Certified Geriatric Clinical
Specialist*

**GOVERNOR'S APPOINTMENTS
TO BOARDS AND COMMISSIONS**

Appointment Date: 3/19/2024

Name of Appointee: Cara A. Carramusa

Address: 2944 Saginaw Dr
Poland, OH 44514
Mahoning County
(H):
(W):
(M): 4124178598
(E): carramusapt@gmail.com

Name of Commission: Ohio Occupational Therapy, Physical Therapy and Athletic Trainers Board
Melissa Anthony, Executive Director
(614) 466-3474
77 South High Street, 16th Floor
Columbus, OH 43215
(P): (614) 466-3774
(E): missy.anthony@otptat.ohio.gov

Term Begins: 8/28/2023

Term Ends: 8/27/2026

Party Affiliation: Democrat

Senate Confirmation: Appointed by the Governor, confirmed by the Senate

Financial Disclosure: Public disclosure required

Vice: Timothy E. McIntire

