

Good evening,

I am writing you to let you know I support this bill. I have been safely using kratom (plain leaf) for 10 years to help with chronic back pain and anxiety issues. Before that, I was prescribed prescription opioids which almost ruined my life and killed me. My family and friends were so worried about me. I had 4 herniated discs and suffered from chronic pain for years. I did get back surgery in 2014 which helped some but didn't fully alleviate the pain. I found this wonderful plant in 2016. With kratom (plain leaf) I finally have my life back. In the 10 years I have used kratom, I have taken the same dose daily with no need to take more. My family supports me using it as they see the positive change and how much it's helped me. I 100% support legislating kratom to make it safer

for the consumer! I fully support HB587 and SB299. I will be supporting the politicians that support these bills. Thank you!

Warmest regards,

Ericca Barnett