

Hi there. I have been using Kratom safely for quite some time. Previously, I was addicted to prescription medication, and then Suboxone, as doctors refused to help me wean off. I took things into my own hands and weaned off of all pharmaceuticals and completely got my life together. I still take a very tiny dose of Kratom daily to help with some lingering bowel issues (after a complete colectomy), and haven't abused any medication since February 28, 2014. I am finally living a full life and I am a well-respected and productive member of society. Kratom, if used safely, can be life-changing. I don't plan to be on it forever, but it has helped change my life.

I fully support smart science-based safe regulation and getting the tainted and spiked Kratom off the market. That said, I do not think all Kratom should be criminalized. If purchasing from a reputable company, it can be used safely and responsibly, just like anything else.

Please hear our voices. Really read our life-changing stories. I was a mess a little over 12 years ago, and had been for decades. I never thought I could live a life that I have now. And while I can't credit all of it to Kratom, it did help me enough to get on the right path.

Thank you so much for reading and listening. :)

Blessings,
Christie M