

My name is Myles Fullenkamp and I am a resident of Wapakoneta, Ohio. I am writing to respectfully urge you to support HB587.

This legislation is vital because it prevents a full ban on natural kratom (mitragynine) and instead establishes responsible regulation. By focusing on product safety, labeling, and restricting synthetic compounds like 7-OH, SB299 protects Ohioans without resorting to total prohibition.

From my own experience, kratom has functioned as a stabilizing tool rather than a destructive force. I use it in small, measured doses—typically between 0.4 and 0.6 grams per dose, totaling under 4 grams per day—and I deliberately manage tolerance through periodic breaks. I have never escalated my intake in search of stronger effects. My use reflects an intentional approach rather than compulsive consumption.

From a policy perspective, legality allows for transparency, quality control, and consumer education. Prohibition would not eliminate use; it would simply push it into unregulated markets, increasing contamination risk and removing incentive for standardized testing. For people like me—who use small amounts deliberately to manage mood and avoid more harmful substances—keeping kratom legal supports harm reduction rather than undermining it.

My experience does not prove kratom is risk-free. No psychoactive substance is. But it demonstrates that responsible, moderate use is possible and that for some individuals, kratom functions as a net positive. Laws should account for real-world patterns of use, not worst-case assumptions.

I strongly oppose any administrative rules that would ban natural kratom and urge you to favor the regulatory approach found in SB299.

Thank you for your time and for representing the interests of your constituents.

Sincerely,

Myles Fullenkamp
Wapakoneta, Ohio