

Good afternoon,

I just finished teaching my CPR unit with the new curriculum and LOVED it! The interactive web-based app was amazing to use with students. The student engagement was off the charts on the final day when I used this as a "review" and show me your skills activity. We have 1 to 1 iPads, every student has one, so that what was we used and it worked great! I have attached several photos that you may use as you see fit.

Here is a write-up of my student experiences with CPR in real life:

As a health educator, I was fortunate to have a school nurse who was passionate about & students knowing CPR. We began teaching CPR skills to all of our freshman students at Utica High School in 2010. When it became a graduation requirement in Ohio, I continued to teach CPR skills. Having new equipment and curriculum has been a great assets this year.

I have had three students have real life situations occur when they needed to use their CPR skills learned in class.

- The first student was with his father grocery shopping. Upon exiting the store, they came upon a man in the parking lot that was in cardiac arrest. He and his father worked together to perform CPR on the man until EMS arrived.
- The second student had an adult in their home go into cardiac arrest and there were no other adults in the house. She performed CPR on the adult and facilitated her younger sibling calling 911. Doctors told her that her actions of getting help immediately and doing CPR played a role in saving the person's life.
- The third student had an adult in his home found non-responsive by his mom. His mom did not know CPR, so the student jumped into action and performed CPR until EMS arrived. He told me his mom was so grateful because she had no idea how to help.

I am thankful for the recent funding provided to get CPR in Schools kits & training into more schools. I believe this will allow more students to receive quality CPR training.

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High School 101, Health and Yoga