

Interested Party Testimony- House Finance Committee HB 96 — FY26-27 State Operating Budget March 13, 2025

Chair Stewart, Vice Chair Dovilla, and Ranking Member Sweeney and members of the Finance Committee — Thank you for the opportunity to provide written testimony on House Bill 96 in support of Pregnant with Possibilities' funding request which would appropriate \$200,000 in each fiscal year through the Ohio Department of Children and Youth's Infant Vitality line to expand and deepen the impact of perinatal services for moms and infants. These evidence-based interventions significantly enhance the probability of infants reaching their first year of life.

My name is Veranda Rodgers, and I am the President and Chief Executive Officer of Pregnant with Possibilities Resource Center.

Pregnant with Possibilities Resource Center (PPRC) was founded 10 years ago. We are a nonprofit organization located on Cleveland's east side with the mission to provide education, perinatal support, tools, and techniques that equip individuals to overcome barriers to give birth to their goals. In 2024, Pregnant with Possibilities Resource Center served nearly 300 families through our community-based model and additionally supported nearly 500 families with support of diapers, wipes, and formula. Of those served, 80% reached full term in their pregnancies. Of note, nearly half of our clients had experienced a previous traumatic pregnancy like stillbirth, miscarriage, complicated deliveries, etc. prior to joining our program. We walk side-by-side with these women to promote and foster a healthy pregnancy so they may bring healthy babies into this world.

Maternal health, including mental health, and infant mortality are crisis in Ohio and outcomes are even worse for Black women. Of the many factors contributing to poor outcomes, lack of resources and support can be addressed with a community-based approach. Pregnant with Possibilities Resource Center offers much- needed support to Black moms, families, and babies in Cuyahoga County giving hope to future generations, because we know healthier moms lead to healthier babies.

Conversations about maternal health must prioritize mental well-being, as the perinatal period the time from pregnancy through the first year postpartum—is a significant transition that can lead to heightened anxiety and stress for many women. During this time, approximately 85% of women experience some form of mood disturbance. Tragically, suicide has become one of the leading causes of maternal mortality, accounting for about 20% of postpartum deaths. The Centers for Disease Control and Prevention reports that Black women are at least three times more likely to die from pregnancy-related causes than White women. While infant mortality rates have steadily declined over the past decade, Black babies in Ohio still face a rate that is 164% higher than that of White babies.

Our Making Opportunities Matter (MOM) Program is a research-driven initiative designed specifically for individuals who are pregnant or up to 11 months postpartum. The program provides



education on topics such as healthy pregnancy, stress management, and financial planning. Participants connect with Community Health Workers to address barriers and access communitybased resources such as support to address basic needs along with doula or medical services. Delivered through a group-based, client-centered care model, the curriculum fosters a supportive and empowering environment for participants. Unstable housing, lack of food access, and transportation and stress all contribute to infant and maternal death. In addition to offering rental/utility assistance, in 2024 we provided over 500 bus passes or private Lyft rides.

I wanted to share two quotes from our clients who have done the program, as they are the real voices you need to hear and why we do what we do.

"Pregnant with Possibilities really changed my life — actually saved my life — because I was so depressed and not knowing what to do as far as finding that balance between being a mom and also taking care of myself. I learned that you have to prioritize yourself because if you don't take care of yourself, who will take care of your babies. Coming here really gave me a family-based program and I keep my depression at bay versus letting it overtake me and making me feel like I want to give up."

"For me, it has been a healthy outlet that gives me tools to keep moving forward. It wasn't a place where I'm just venting, but educational as well. One of the things I really enjoyed was being able to have an accountability partner. Both of our due dates were on the same exact day. We bonded and really got to know each other. I gained a sister in the process."

As a community-based organization, Pregnant with Possibilities has an in-depth understanding of the unique needs of its clientele and are well-equipped to offer the resources that best support the well-being of their community. In the realm of infant and maternal health, a community-based approach has proven to be particularly effective in promoting better outcomes. Pregnant with Possibilities provides tailored services that are responsive to the specific needs of the community, all within environments where individuals feel safe, supported, and comfortable.

I kindly ask support for Pregnant with Possibilities' funding request which would appropriate \$200,000 in each fiscal year through the Ohio Department of Children and Youth Infant Vitality line to us community-based services to improve birth outcomes in Ohio.

Thank you,

Veranda Rodgers

President and CEO Pregnant with Possibilities Resource Center