Proponent Testimony of Theressa Kane on HB 96 before the Ohio House Health Committee March 5, 2025

Chair Schmidt, Vice Chair Deeter, Ranking Member Somani and members of the Ohio House Health Committee, thank you for the opportunity to testify today.

My name is Theressa Kane. I am a licensed chemical dependency counselor, certified prevention consultant, and a registered nurse. I serve as the executive director of a nonprofit agency - Perry Behavioral Health Choices, Inc. - where I have been employed for more than 37 years now. Perry Behavioral Health Choices, Inc. has been awarded the contract for eTMS for the state of Ohio.

I am here to give proponent testimony for the use of eTMS for treating opioid use disorder. However, I am not here in my capacity as an organization leader, nor the contractor for eTMS in Ohio. I am simply here today as an affected family member.

I have a younger brother who has struggled with significant mental illness since he was 10 years old. He has refused both physical and behavioral health treatment for his entire adult life, until October of 2024. In October my brother's prolonged psychosis and paranoid state led to him being forced into a 72-hour psych hold. This forced treatment led to him finally being medicated, being placed into a long-needed guardianship, and being sent to behavioral health treatment.

My brother opted for services from Perry Behavioral Health Choices, Inc. He went into a residential program called the Training Center. The training center housed my brother with nine other men working to improve their behavioral health and quality of life. It was this program where he met other men undergoing eTMS therapy and learning how much it improved their quality of life. My brother questioned me about what eTMS is, how it works, and if he could do it too. I shared my thoughts and findings on the value of eTMS treatment. Then, I referred him back to his nurse, therapist, and case manager for their thoughts. My brother decided eTMS may be able to help.

I know medication has been a significant factor in my brother's recovery. The medication keeps him from experiencing hallucinations and delusions. This made him much more tolerable to be around. This alone was a breakthrough for our family! My brother started his eTMS therapy on Monday, February 3rd. He will

finish treatment this Friday. Our entire family started noticing significant improvements into his second and third weeks of eTMS. Our sister was estranged from our brother due to his mental health and related unpredictable behaviors. My sister said, "What happened to him? I don't even know the person he is now, but I like him."

My brother is showing remarkable clarity of thought, that I have never seen with him, even after his hospital discharge. He is able to complete his sentences and verbalize his thoughts because of his improved mental clarity. He also continues to show significant improvement with memory. When I take him places, he now reminds me to gas up the car, pick up something I wanted to get at the store, etc. I was the one that always reminded him. My brother has had no less than five 'government phones' that are made available to people receiving social/public benefits. He never took the time to learn to use them, would get frustrated by them ringing, and smash them within a week. My brother has had the same phone for three and half weeks, which he can fully operate. This has been shocking to our relatives. My brother reports sleep has been restful and improved; this has been what he most notices. My brother would also say he feels "balanced." No matter what you call it, for my brother and our family this has been miraculous!

Thank you again for the opportunity to testify today. I will gladly answer any questions.