

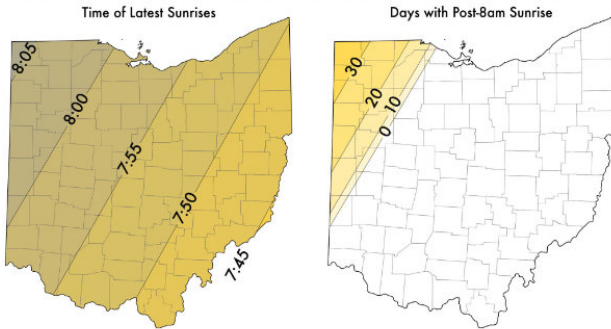
Please oppose SCR 6, permanent Daylight Saving Time (fast time). Please amend or replace with legislation for permanent Standard Time (natural time). Permanent DST is federally prohibited and more harmful than clock change.

It would put sunrise past 8am for 4+ months, later even than 9am. It would mandate millions of Ohioans to start school/work in the dark all of cold winter. It historically costs lives and business when tried.

Permanent Standard Time instead is already federally approved. It is the “honest clock”, set to the sun, historically best for health, safety, education, and economy. Arizona and Hawaii have observed permanent Standard Time for decades, as have most nations.

Gallup finds *half of the public* wants permanent Standard Time, only a quarter want permanent DST. *President Trump recently said he will not support permanent DST.* As a sleep physician that takes care of patients with sleep disorders, permanent Standard Time is best for many of my patients here in Ohio. I understand why having sunlight in the late evening would be enjoyable. However, we will also do this at the expense of our children in the winter where they will have to go to school in the dark, hard to wake up, and would be less safe. No on SCR 6. Thank you!”

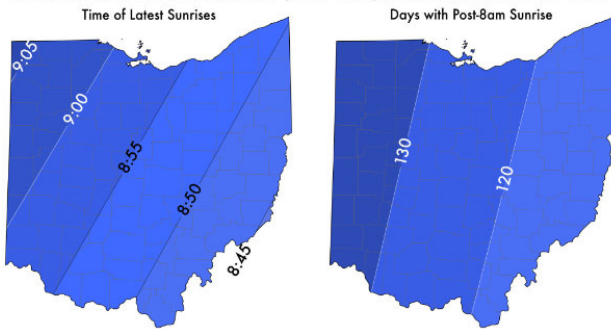
PERMANENT STANDARD TIME (NATURAL TIME) PRESERVES MORNING LIGHT



PERMANENT STANDARD TIME (NATURAL TIME) KEEPS SUNRISE BEFORE WORK/SCHOOL



PERMANENT DAYLIGHT SAVING (FAST TIME) MAKES SUNRISE TOO LATE



PERMANENT DAYLIGHT SAVING TIME (FAST TIME) FORCES PRE-SUNRISE START TIMES

