

**As Adopted by the House**

**136th General Assembly  
Regular Session  
2025-2026**

**H. R. No. 322**

**Representative Schmidt**

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**A RESOLUTION**

Recognizing February 2026 as American Heart Month in Ohio.

WHEREAS, The members of the House of Representatives of the 136th General Assembly of Ohio are pleased to recognize American Heart Month in Ohio, February 2026; and

WHEREAS, Designated by President Lyndon Johnson in 1964, American Heart Month provides an annual time for individuals and organizations to remember those lost to this disease, to raise awareness of warning signs, and to formulate plans and policies to help meet the challenges of the future. Heart disease is an endemic condition that afflicts countless Americans, and with many Ohioans not having the necessary information and tools needed to live heart-healthy lives, we hope that this observation inspires change; and

WHEREAS, Heart disease is a serious medical issue that is the leading cause of death for men and women, regardless of ethnicity and race, and it results in the death of hundreds of thousands of people in the United States each year. In addition, multiple factors, including obesity, physical activity, stress, sleep, and genetics, can contribute to its development, and identifying early warning signs can be key to survival; and

WHEREAS, We can be proud of the medical advancements for treating cardiovascular diseases as well as of greater awareness about its threat, and it is through such efforts as American Heart Month in Ohio and National Wear Red Day that we can improve those odds even further. Indeed, the many professionals and local advocacy groups that have dedicated themselves to promoting educational initiatives are certainly deserving of high praise; therefore be it

RESOLVED, That we, the members of the House of Representatives of 26  
the 136th General Assembly of Ohio, in adopting this Resolution, 27  
recognize American Heart Month in Ohio, February 2026, and urge all 28  
citizens to become well-informed on the risk factors associated with 29  
heart disease; and be it further 30

RESOLVED, That the Clerk of the House of Representatives transmit 31  
duly authenticated copies of this Resolution to the news media of 32  
Ohio. 33