

# A RESOLUTION

To support the United States of Kindness initiative to honor our nation's 250th birthday by performing 250 acts of kindness.

*Be it resolved by the Senate of the State of Ohio:*

WHEREAS, The Values-in-Action Foundation established the Kindland initiative to bring together communities, businesses, organizations, and schools by recognizing and sharing the acts of kindness in an effort to inspire a ground swell of positivity and goodness; and

WHEREAS, The Kindland initiative was established in Ohio in 1994 with an emphasis on Northeast Ohio, Central Ohio, Southeast Ohio, and the Greater Cincinnati area; and

WHEREAS, The Kindland initiative has grown into a national movement having served 8,000 schools and trained 2.8 million students in all 50 states; and

WHEREAS, Kindland's results in schools show that kindness improves learning, invigorates students' mental health and sense of belonging, reduces absenteeism, and diminishes violence; and

WHEREAS, Kindness is proven to increase happiness, improve wellness, and reduce anxiety and depression; and

WHEREAS, Kindness is in Ohio's DNA, from the support of the Underground Railroad, to the founding of Alcoholics Anonymous and United Way, to the everyday act of neighbors helping neighbors; and

WHEREAS, Kindland is honoring our nation's 250th birthday by creating the National United States of Kindness initiative, encouraging all Americans to perform 250 acts of kindness to honor our nation's past and invigorate our nation's future; and

WHEREAS, The United States of Kindness begins April 24th, with exactly 250 days left in the calendar year; and

WHEREAS, Often in our history, as Ohio leads our nation follows; and

WHEREAS, Bringing Americans together and building a kind land is the gift that Ohio can give the nation; now therefore be it

RESOLVED, That we, the members of the Senate of the 136th General Assembly of the State of Ohio, encourage the members of the General Assembly to perform one act of kindness a day, however small or large, from April 25th through December 31; and be it further

RESOLVED, That the Clerk of the Senate transmit duly authenticated copies of this resolution to the news media of Ohio.

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*President \_\_\_\_\_ of the Senate.*

Adopted \_\_\_\_\_, 20\_\_\_\_