

Proponent Testimony

Senate Bill 119
November 7, 2019

Chairman Schuring, Vice-Chair Rulli, Ranking Member O'Brien and Members of the Senate General Government and Agency Review Committee, thank you for the opportunity to provide proponent testimony on Senate Bill 119. Simplifying our time change system will be a great service to all Ohioans.

The current time change system is like a fly buzzing around your head that you can't kill : a small thing, yet extremely annoying.

My understanding is that some time ago, the Federal government requested this change for a valid and needed purpose. Ohio showed its commitment and went along with the change to meet the need.

However, as time marched forward, this changing of the clocks twice per year became an unneeded exercise.

Ohio's Legislature is in a great position to *simplify* our lives by removing the unnecessary time change system - one less annoyance that affects millions of Ohioans means millions of *happier* Ohioans - which is always a *good* thing for government to be doing.

At a personal level, besides the obvious negative of having to remember the time change and plan for it, and the sleep pattern change that comes with it, I believe it is also important to surface concerns that may not be heard because they are more rare.

Individuals with special needs, like one of our children, may not respond as quickly and as easily to these time changes as others would. For example, our daughter, who has a rare genetic defect, takes about six to eight weeks to finally get used to the new time. After that, we're good for while, but then the time change rolls around again!

For us, and I presume others in our same situation, this goes beyond "a fly that you can't kill" - this greatly affects our family twice each year and for more than just a day or two.

Some relief would be most welcome.

Therefore, I would like to ask the Legislature to please simplify our lives by removing this unneeded burden. It will make millions of Ohioans happier and those of us who are more greatly impacted by this system, grateful.

Thank you for the opportunity to provide testimony on Senate Bill 119.

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