

I was hired by Caresource on 3/25/2019. I was hired as a RN health coach which was very exciting for me because I had two health coaching certificates. I studied at the Institute for Integrative Nutrition and at The Health Coach Institute. I love the idea of treating the whole person. Finally, I could put this education to work. This was a remote position, and I knew I would not be making face to face contact with my members. I was not worried about having to get a vaccine. We worked with members who had diabetes, asthma and HTN. On 11/1/2021 our job title was changed to a RN case manager. This was not discussed with us prior to them changing our title and we did not have a choice or say in the matter. On Thursday 2/18/2021 we received a memo that said we had to tell EVERY person that we speak with that the COVID vaccine is SAFE and effective! My first thought was WT? This is still an experimental shot (not even a vaccine) and I will NOT and can NOT do this. The pamphlets actually say that it does not prevent transmission or protect you from getting it. Fear did set in because I knew I could not do this. I am single and I made decent money but at what cost? I started freaking out. I had panic attacks. I couldn't even work on Friday because I was so upset AND I rec'd a phone call that my father had a kidney stone and was in pain. I had to go take care of him. I do want to add that I had FMLA- (family medical leave act) to take off work due to taking care of my aging parents and this was very stressful in and of itself. Before I left work I instant messaged my supervisor that I could not tell the members that the COVID shots were safe. I had the weekend to think about all of this and it really took a toll on me. On Monday my supervisor had a meeting with HR on MONDAY at 2. At 2:30 we spoke, and she said that I had to do it because my job title changed from health coach to CM on 11/1/2021 (Not by my choice, If you remember) She said that I could look for another job within CS but the only thing open would-be UM and she knew I would not like that. I could put in my 2-week notice. I asked what would happen if I just did not do it. She said there would be repercussions and eventually that I would be fired. I told her that I was not a quitter but that I was not sure what to do. She was very supportive and for that I am glad. I was still very anxious on TUESDAY when I woke up and I needed to take mom to her appt for her wrist. I really did not know if I would be able to do it. Somehow, I made it through the day.

I called and made an appt on Tuesday to have a tele visit with my doctor on Wednesday morning at 8. I was hoping she could give me something to calm my anxiety so that I could get through the workdays. When I talked to her that morning, I could not stop crying. My heart rate was in the 100's. She offered to write me off from work for anxiety. Honestly, that did not even occur to me because I was in such of state of anxiety. Looking back, there is no way I could have done my job. She wrote me off through 3/12/2021. THANK GOD! I could breathe. I did not have to worry about telling my patients that the COVID vaccine was safe and worry about what might happen to them if they rec'd it.

On Friday 3/12/2021 I was still on FMLA and I rec'd a nice size bonus for productivity.

On my next day back to work of 3/16/2021 Tuesday I was fired at 8:30 am for insubordination for not telling every member the COVID vaccines were safe. (I was off on Monday to take mom to the doctor)

This is the thing; I am a nurse, and my obligation is to educate my patients. I wanted to tell them to do their own research on the COVID shots and listen to their intuition not read some talking points given to us by our company that aren't true. They needed to have informed consent. This is their right! I was wrongfully terminated and it was because I cared for my members more than my paycheck. This caused me a lot of anxiety and continue to cause anxiety to this day.

See the latest VAERS report. [COVID Vaccine Data \(openvaers.com\)](https://openvaers.com) 12,000 deaths and 500,000 serious reactions. Stop the madness!