

August 19, 2021

Dear Health Committee,

My name is Cristin Ramsey. I am an Occupational Therapist, wife, mother and productive community member. I am writing in support of HB248, the bill maintaining vaccine choice and healthcare privacy. I have had health issues for the last 12 to 15 years, and when I was mandated to receive an influenza vaccine in 2013 in order to keep my job, I began to have issues with chronic fatigue, body and joint aches, brain fog and other auto-immune type issues. I was treated for depression, which didn't help the situation, and in fact, made it worse. The symptoms began to subside after several months. I was then mandated again the next year to receive the influenza vaccine and the symptoms returned in full force. Again, it took many months to come out of the fog, fatigue, aches and other symptoms. I knew at that point it was not just coincidence. I began neglecting my duties as a homemaker, and my relationships as a wife and mother suffered. My productivity dropped, and I nearly lost my job several times. If it wasn't for finishing my paperwork off the clock, on my own time, I probably would have. I was working 3 days a week on average at the time. Fortunately, I often had a day off the day after I worked, and I slept half the day away. I was told that the CDC did not recognize such symptoms as contraindications to the vaccines. It took a healthcare provider versed in functional medicine to turn my life into something a little more normal again, after a lot of hard work. With this latest vaccine having so many contradictions surrounding it and things that just don't add up from extensive research, I fear what it may do to me and others like me.

I am for medical freedom from vaccines and against discrimination for those wanting medical freedoms from vaccines. I am taught as a healthcare worker about ethically maintaining confidentiality and privacy, and I strongly believe that providing proof of vaccination in order to retain employment, gain an education, and to live everyday life is a violation of healthcare privacy.

Thank you,

A handwritten signature in cursive script that reads "Cristin Ramsey". The ink is dark and the writing is fluid, with a clear loop at the end of the name.

Cristin Ramsey

Lima, Ohio