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Chairman Lipps, Vice Chair Holmes, Ranking Member Russo, and Members of the House Health Committee, thank you for the opportunity to provide proponent testimony on House Bill 248.

My name is Misty Murphy and I am a long time health freedom advocate, homeschool consultant, world traveler and stay at home, home educating mother of two.

The reason I support House Bill 248 is because I believe my healthcare is between the doctor whom I have selected and been a patient under his care for the past 20 years. I am a patient with an autoimmune disease of primary Sjogrens Syndrome and secondary Rheumatoid Arthritis. Over the years of care in his practice, my conditions have been laying almost dormant due to the hard work and effort that I put into taking care of my health through organic and whole foods and juices, clean organic supplements, sleep, sunshine and exercise. I have been able to successfully live an active lifestyle despite the scary prognosis by choosing treatments unrelated to pharmaceutical products. I believe as a free society we should have the ability to decide what the correct way to manage our own health - would it be rather through conventional pharmaceutical products, alternative natural health means or any other method that you have decided is best for yourself. My doctor has advised against the yearly flu shot for many years now. When the Covid-19 vaccination hit the market he quickly advised against it not knowing the side effects and long term effects it could have on my lungs, heart and kidneys. The vaccination has not been studied long term on patients with autoimmune diseases and the long term effects are unknown at this point. Most vaccinations take more than five years to determine their safety, side effects and long term consequences. My health has been well managed up until this point, even with having natural Covid-19 in 2020. I have had the antibody test and tested positive for Covid-19 antibodies. It would not be a responsible health decision for me to listen to my employer, business, concert venue, airline, college or other establishment requiring a Covid-19 vaccination when those entities are not my health care provider and have no medical experience. My personal, well established medical physician gave medical advice AGAINST taking this vaccination. That alone should be reason enough for someone to be able to say no to this liability free medical treatment.

I have never had to disclose my health history to go eat dinner at a restaurant with my family but many Columbus area restaurants are already requiring it. I have never had to have a vaccine to go listen to a concert at an open air arena but many in the Ohio area are now requiring it. I have never had to show a proof of vaccination or negative test result for HIV/AIDS before going to a public swimming pool or boarding an airplane but that is happening now too, here in Ohio. It is segregation and discrimination. It is medical apartheid and it is disgusting. Medical Freedom is the new Civil Rights

Movement. Without medical freedom and the ability to keep our own body's sovereign, there is no freedom at all. I trust my long standing relationships with the rheumatologist, osteopathic physician, chiropractor and naturopathic doctor I pay for my care verses the ones being paid off by big Pharma and liability free vaccine manufacturers.

If someone wants to take the Covid-19 vaccine or any other vaccine offered freely, by all means, take them and enjoy them. If you believe these vaccinations work effectively then there should be absolutely no reason the legislature, restaurants, airline companies, colleges, employers and other business establishments need to worry about the reason I have elected to not inject myself with the medical product. That decision is solely between my physician and myself. Period.

I urge you to continue thinking about where does this slippery slope go to next. Will you next decide that we can all only wear athletic shoes because high heels are too loud and damage your arches? Will you decide we can only use Jif Peanut Butter because Skippy isn't nutty enough? Or worse yet, will we all need to preemptively take chemotherapy treatments in the hopes of not getting breast cancer or cervical cancers? Where does this end? I don't think a virus with a higher than 98% survivability chance should even be considering such totalitarian heavy handed vaccine mandate. We are not all the same.

I do not want to live in a society that thinks it is okay to discriminate against me because they believe their cure all treatment is right for me even though they are not my physician and know absolutely nothing about my or may family's health. I need HB248 Vaccine Choice & Anti-Discrimination Bill to pass and protect me, my family and my fellow Ohioans.

Thank you once again for this opportunity to provide testimony on the need for and urgency of House Bill 248.

Sincerely,

Misty D. Murphy

