



2/8/21

Cecelia Spayde  
Business Development Manager  
Maxim Healthcare Services  
250000 Country Club Blvd., Suite 200  
North Olmsted, Ohio 44070

Dear Cecelia,

Sorry for the delay in getting this letter to you. As requested, please forward this letter to who it may be of interest.

I am a Care Coordinator in Comprehensive Care Pediatrics at MetroHealth Medical Center in Cleveland Ohio. Our patient population runs the gamut of diagnosis including, but not limited to, Autism, ADHD, Cerebral Palsy, Spina Bifida, Hydrocephalus, Cranial Facial Disorders, rare genetic disorders and other muscle diagnosis including Muscular Dystrophy.

Often these medically complex patients will require tracheostomies, ventilators and gastric tubes. They are confined to bed and/or wheelchairs and require total assist for bathing, transfers and frequent turning to prevent beds sores. Some of these children require 24/7 supervision and are dependent on all activities of daily living on their caregivers. Often home nursing is an essential component to ensure a patient is safe in their home and care is being provided in a consistent, medically appropriate manner. Skilled nursing provides support and often keeps patients well and out of the hospital due to the support they give in the home. Nursing not only provides medical support, but education for the family and emotional support. Often, a home care nurse can assess and catch complications before an admission is required. Skilled nursing helps provide feeds and multiple medications in a consistent manner preventing complications like dehydration, seizures or respiratory distress. When these patients are admitted, hospital stays are often prolonged for these complex patients due to nosocomial infections, delaying discharge and adding to family stress. These children are separated from friend and family members, miss school and therapies which add to social dysfunction and delayed milestones.

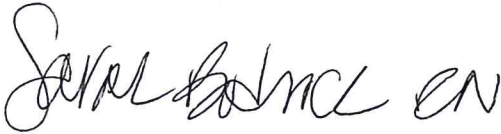
The need for skilled nursing, especially at discharge for a patient, is overwhelming. Often discharges are delayed looking for skilled nursing that has been approved by an insurance company, but unable to be staffed do to the home nursing shortage.

As a Care Coordinator, I often engage in discussions with medical providers and families surrounding requests for additional help in the home. Parents, other family members and often elderly care givers are overwhelmed. Patients also require skilled nursing because their

diagnosis dictate special medical equipment in the home which is necessary for their routine care including, oxygen, frequent suctioning, enteral feeds, medication administration, range of motion and other skin care and frequent positioning. This technology can be overwhelming to families. The continuous assessment that a skilled nurse provides is invaluable.

Thank you for your attention to this letter. Please feel free to contact me directly for additional information. I may be reach at the number below.

Sincerely,

A handwritten signature in black ink that reads "Sarah Bodrock RN". The signature is written in a cursive, flowing style.

Sarah Bodrock BSN RN CCCTM  
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