

Testimony of Heather Chappell
Support SB 22
Government Oversight and Reform
February 3, 2021

Madam Chair Roegner, Vice Chair McColley, Ranking Member Craig and honorable members of the Government Oversight Reform Committee:

I am writing this testimony to ask you to please vote yes on SB 22. Governor Mike DeWine and the Ohio Health Director Stephanie McCloud and team should no longer be calling orders to lockdown and quarantine our community without first hearing the voice of the people. Our representatives are not being heard and with censorship everywhere our voices are being silenced. If SB 22 passes it will prevent Our Governor and Health Director alone from being able to keep us in a state of emergency for an extended period of time without the legislative body having opportunity to speak on the people's half. I would like to share with you a few personal experiences that my family has had as a result of the over 100 mandates that have been put into place since March 16th, 2020.

On March 11th my husband's grandmother passed. On the 10th when we went to see her while in hospice care, at the assisted living facility, for one last time, I was initially told that my son who was under 18 could not get in. Because of the State of Emergency, they were not allowed to let minors in. Luckily for our family that day however, they made an exception and let us in to visit with her. Mamaw, as we called my husband's grandmother, was very attached to her family, she didn't want to miss a visit with them. I can't imagine my children not being able to see her on her last day here on earth with us. Unfortunately, for many others this has not been the case, after the lockdown they weren't able to see their loved ones before taking their last breath, or even for some, they weren't able to see them for months before taking that last breath. Devastating doesn't even begin to describe what we are doing to our elderly loved ones. During these 2 weeks turned into almost a year now to flatten the curve another person close to my family was admitted into a nursing home, guardianship was established by my father because there were no living family members. In the 30 days (appx) that it took to establish guardianship, this loved one lost 25 pounds in the nursing home that she was placed in from neglect. It was very hard to check on the loved one because of the lockdown, she had no voice, and no one could get in to see her. A very strong, nearly blind woman when she went in melted away because there was no person advocating for her. Luckily, because of phone calls to nurses and persistence it was discovered that this woman was not getting the care she needed from this nursing home, she was moved and has done well since then, even surviving COVID. She was one of the lucky ones, how many of the elderly in nursing homes currently have family members that aren't allowed to get in to see them? Almost a year after this lockdown was put into place and they are dying from neglect because of it, and people with elderly loved ones feel as if they are not being heard still.

During soccer season, in the month of September 2020, one of my son's teammates suffered a dislocated ankle that was also fractured in 3 places. None of his

family members were able to make the game, my husband went with him to the hospital so that he would have someone with him. He was scared and insecure about what lay ahead and he needed support. Upon arriving at the hospital with the 16-year-old boy they let my husband right in with him. They thought my husband was his father. Upon finding out that he was not his father, they said that they would not have let him in with him had they known that... Can you imagine? A 16-year-old boy with no one to advocate and support him while he lay in the ER waiting for a little over an hour for his family to arrive? We are grateful that they didn't know that my husband wasn't his father until later. Upon his family arriving his sister who was 18 was told that she couldn't come into the hospital because only one person was allowed, they told her to wait in the car, in the middle of downtown Columbus at 10 o'clock at night, for who knows how long. A young girl, in a big city, in the middle of the night, by herself? Seems like a set up for disaster. Upon a very spirited conversation with the hospital staff they finally allowed the young lady to sit in the waiting room so that she would be safe inside. Again, this lockdown and virus has a complete disregard for all safety precautions not pertaining specifically to the virus, this was 6 months after the "flatten the curve" state of emergency, and yet, we are still here, and the people are not being heard.

One of my daughters first days wearing a mask to work, she had what seemed like a panic attack. This has NEVER happened to her before. Her heart rate jumped up, she became dizzy and hot and almost passed out. She was afraid at first to take off her mask but then realized that she had to, she left the room and then got some fresh air. She survived unscathed, but what if she had not realized what she needed, could it have hurt her heart, her lungs? What if she had passed out, fallen and hit her head. I as a mother fear all of these things every time that my children are forced to put on a mask, a medical device, for a virus with a 99% survival rate over their mouth. There was a recent article written by Dr. Margarite Griesz-Brisson MD, PhD, in the article she discusses the possible brain damage that we could all be facing in years to come because of the lack of oxygen to our brains. In the article she says...

"The re-breathing of our exhaled air will without a doubt create oxygen deficiency and a flooding of carbon dioxide. We know that the human brain is very sensitive to oxygen deprivation. There are nerve cells for example in the hippocampus, that can't be longer than 3 minutes without oxygen – they cannot survive. The acute warning symptoms are headaches, drowsiness, dizziness, issues in concentration, slowing down of the reaction time – reactions of the cognitive system.

However, when you have chronic oxygen deprivation, all of those symptoms disappear, because you get used to it. But your efficiency will remain impaired and the undersupply of oxygen in your brain continues to progress."

You can read this information here... <https://catholictruthblog.com/2020/10/20/brain-damage-from-masks-cannot-be-reversed-stop-wearing-yours/?fbclid=IwARojgT39JakCG7i7tXX3P7vZhwF49DWBzON7RXjARitUpkuHfdWf9GbLJRw>

My son was on quarantine from school for 2 weeks. During those 2 weeks he did not wear a mask, upon returning to school, he had to wear a mask and began to have some respiratory symptoms, after one day of again wearing a mask. Could that have been his body telling us that it was not doing well with the mask on? I believe that God gave us very amazing pieces of machinery for our bodies, if we listen, they will tell us what we need. That is why we eat a healthy organic diet and supplement our bodies for healing because of the depletion in the food sources that we currently have. We don't become sick by chance, there is always a cause rooted deeply within the body, we have to listen to know what it is. My son is now doing all on-line schooling, not because he really wants to, but because he now knows that he does not do well with a mask and yet he is forced to wear one every day when he is at school, healthy or not. Every day that I dropped him off at school (only 2 days a week because his school is on a hybrid schedule) I would leave in tears upset because I knew that a healthy person wearing a mask for hours is not healthy. Why are we still depending on a medical device as a safety blanket when it has been almost a year and the death curve was flattened months ago? Hospitals are not at numbers greater than they would normally be at with the seasonal flu and colds and the people are still not being heard.

Grocery shopping in a State of Emergency is not always an easy task. Because of the message that has been passed down from our governor to the general public, I, as well as several people that I know, have been multiple times stopped in grocery stores and many other places. Others who are wearing a mask stop me, chase me down, and then verbally assault me. They tell me that I am a terrible human being and some people even say they hope I die. The irony to these assaults is the false sense of security that these people get from the masks that they wear. Every time I go to the store, I keep a safe distance of 6 feet from all other shoppers, these people however are right on top of each other going about everything like it is normal, when you wear a mask suddenly the 6' rule is no longer necessary? The anxiety that I experience prior to going into a store to shop is horrendous. It really is no wonder that a friend of mine who is a member of a local fire department has shared with me the suicide call rate to be up nearly 300% in 2020. A year into the virus, many protocols to aid in recovery, and a flattened curve later, here we are, still in lock down.

I again beg you as an Ohio resident and constituent to please vote yes on SB 22 and give the people back their voices! Thank you for reading my testimony.