

FUTURELIFENOW

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March 5, 2021

Cynthia M. Allen

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To: The Honorable Dick Stein, Chair, House Commerce and Labor Committee

Regarding: **Testimony for SB 55**

Larry R. Wells, MDiv, MSW

Neuro Linguistic Programming
Master Practitioner, Trainer and
Consultant

larrywells@futurelifenow.com

Dear Chair Stein and members of the Committee,

I am live and work in Cincinnati, Ohio and am a Guild Certified Feldenkrais Teacher[®].

SB 55 could affect my right to practice the Feldenkrais Method[®] of somatic education (movement education) in Ohio. I ask that you amend SB 55 to add an exemption for people who practice movement education, and meet/adhere to the training, competency and ethical standards of their professional organization.

I have been certified by the Feldenkrais Guild[®] of North America (FGNA) since 2001. I use gentle touch to guide my students' attention to their habitual ways of moving. The touch serves to improved function by learning patterns for easier reaching, standing up, rolling, posture and walking. People see me because they need an approach that engages them in finding their own best practice for activities of daily living.

I graduated from an accredited professional training program of 800 hours, and I've completed over 1000 hours of continuing education since that time. As a teacher, I am required to adhere to FGNA's Standards of Practice, Code of Professional Conduct and Grievance Protocol, and fulfill continuing competency requirements and renew certification annually. The Guild has developed and enforced internationally recognized accreditation and certification standards for the Feldenkrais Method since 1977.

While I see children to adults, I am thinking of a client who is 97. I have been working with her for over 10 years to help her keep and improve her level of

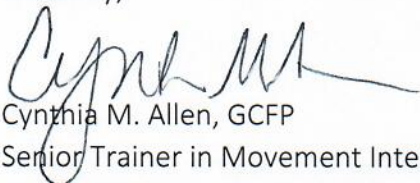
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function. As her mind has declined what she remembers and says to me every time I see her is, "I asked if you could help me to walk and you said I'll try. And because of you I am walking." Helping people claim their best life regardless of their situation is what I do. Because what we do is so tailored, we can work with people where they are. The gentle touch can provide clarity about unnecessary muscular tension—not through massaging but actually becoming aware of the difference between areas of tension and no tension. Or in an arm that moves well and one that moves less well.

I support my family through this practice. I normally see 20 clients a week (although Covid has made that more challenging) and the impact on my family would be economically devastating if I could not. But I think more important is the value I provide to my clients. I have enclosed a couple pictures of me in private sessions and in teaching a class. I think it is evident that this is a movement-based modality.

Please amend SB 55.

Sincerely,



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Enclosures

