

May 17, 2021
Future Life Now, LLC
791 E McMillan Street
Cincinnati, OH 45206

Regarding: Amendment to Senate Bill 55

To the Honorable Chairman Huffman, Vice Chair Antani, Ranking Member Antonio and members of the Senate Health Committee,

I am an interested party who has submitted testimony in the past expressing my concern as a Feldenkrais practitioner regarding the ill effects SB 55 would have on my practice as a somatic movement educator.

Senator Antonio has proposed an amendment that would exempt Feldenkrais teachers and trainees from being regulated by the State Medical Board of Ohio.

I am in full support of this amendment. Without his amendment, it could be interpreted that the touch we use in the Feldenkrais Method, which is done to change movement habits and not as medical treatment, might be inadvertently folded in under the scope of massage therapy which is not at all related to the work of Feldenkrais Teachers.

I have been a Feldenkrais Teacher for slightly over 20 years. I have a full practice helping individuals regain mobility and find easier ways of moving in the world. If you have any questions about this, please feel free to contact me.

Thank you for the consideration,



Cynthia M. Allen
Guild Certified Feldenkrais Practitioner
Senior Trainer in Movement Intelligence