Something I know we will all hear today in many different capacities is, "What is Racism"? Some of you may feel like you know the definition and understand how it has caused a civil unrest not only in our great state of Ohio but, the self proclaimed "Land of the free" that being the U.S.A. By taking a glance at some of your voting record, some of you elected official's may even self-consciously practice racism in your workplace which unfortunately is the Ohio State House. Now to reiterate back to my original question what is racism, the definition of racism is prejudice, discrimination, or antagonism directed against someone of a different race based on the belief that one's own race is superior. Which is something I am forced to experience everyday as a Black man in the state of OH and resident of the City of Cincinnati which was named one of the most racist cities in America. I four hundred percent agree that racism is a public health crisis in our state just as much as Covid-19. Now I don't think we should go into quarantine for 3 month to fight it. But this is a battle that Black people in this country have been fighting for over 400 years which has not only caused physical and systematic harm to a lot of people in my community but death as well. This is not something that is new to us, the only difference between now and before is that people are waking up willing to listen, learn and put action into our cries of how this public health crisis has plagued our system. It's not rocket science to understand that when everyone's public health is good and we all have access to the service's we need, WE ALL BENEFIT! Organizations like the Harvard school of health, American Public Health Association along with Cities such as Milwaukee, Columbus, Cleveland and more have all declared in some capacity that racism is a public health crisis. Most of us can agree that people of color have been treated unjustly since our country was founded. This is the time to acknowledge our past, take action by standing on the right side of history and making a change. We the people demand our voice's to be heard and will hold our elected officials accountable for keeping their knee's on our necks by not standing up for what we all know is right. If you feel that being against racism being a public health crisis. We the people will show you how we really feel come November.