House Commerce & Labor Committee Chairman Dick Stein Ohio Statehouse 1 Capitol Square Columbus, OH 43215

RE: House Bill 163- Nurse Overtime

Dear Chairman Stein, Vice Chair Johnson, Ranking Member Lepore-Hagan, and members of the House Commerce & Labor Committee:

Thank you for allowing me to provide support for House Bill 163, a bill aimed to prohibit the use of nurse mandatory overtime as a condition of employment. My name is Barbara and I am a registered nurse.

Early in my career I remember hearing seasoned nurses speak about being "mandated" to "work a double". They spoke of the stress on themselves and their family. The hospital I worked for had unionized and therefore mandating no longer occurred.

In my opinion it is harmful to **force** a nurse to stay over their shift or to work more than 40 hours in a week. The nature of what I do as a nurse carries extreme responsibility. I am mentally and physically tired at the end of my shift. If I was **forced** to stay over or made to pick up extra shifts I would not be able to give my best. Patient's deserve nurses' best!

I fully support HB 163 and ask that this committee vote yes, in support of Ohio nurses and patients. Thank you for your time.

Sincerely,

Barbara McGhee RN, BSN, CNOR