Chairman Lipps, Vice Chair Holmes, Ranking Member Russo, and Members of the House Health Committee, thank you for the opportunity to provide proponent testimony on House Bill 248.

My name is Diana Sinclair and I am an Ordained Minister of the Universal Life Church, as well as a Surgical Technologist, currently employed by one of the leading hospital systems in Central Ohio, and the reason I support House Bill 248 is that I firmly believe that there is no Freedom in America unless there is Medical Freedom!

There are actually a multitude of reasons why I am in favor of this bill and in order to make my statements more structured I will list them in separate paragraphs.

I would like to begin my testimony by stating that I am quite in astounded that 'We The People' have arrived at a moment and place in time in which we have to, once again, defend our basic human and God-given right to bodily autonomy. Have we learned nothing from the past?! I am a permanent resident of Ohio now, but I was born and raised in Germany, merely 35 years after the tragic events of World War II, with its crimes against humanity, ended. I am sure all of you are familiar with the narratives and procedures that unfolded during that time. Opposing or blocking House Bill 248 would get us just one step closer to merging with those narratives again. No man, no organization, no institution should ever have absolute power over another individual's body, for that body was created through the divine blueprint of God with which it was sent on its holy mission, here on earth, to fulfill its divine purpose. Granting rights to companies, schools or other institutions to make health decisions for an individual which could gravely effect the rest of that person's life is an immense mistake!

Many years have gone by since I have experienced a vaccine injury myself, but the memories of the pains and moments of inability to move remain fresh in my head. It was a scary time in my life, in which I was a young mother who experienced episodes of sudden paralysis and rheumatoid pains in every joint of my body. The vaccine at fault was the Gardasil at the time. Given the circumstances and events of that time I would never want my daughter to have to go through what I have been through for almost a year. No doctor could help me and I was afraid.

I am a proponent of House Bill 248 so that an individual who has a family history of adverse reactions to a specific vaccine or medication has the right and ability to opt out on that substance when it is mandated in order to obtain or retain a job or obtain education in any way.

Lastly, I would like to state that enforceable health mandates are an assault on mental health, which is to the detriment of any peaceful and healthy society and local community. Every year I have witnessed many of my coworkers in the hospital get depressed; feeling defeated, unappreciated, unvalued, forced against their will and better judgement to let themselves be injected with the flu shot, an injection that may or may not protect them from a few days off of work, because they felt that they didn't have a choice. We get harassed and bullied by management and HR until most of us finally give in. It is simply the worst feeling when one literally feels raped out of their conviction to know what is best for his/her own body. Every patient gets the choice to take or decline a treatment or medication. Every patient can come into a health facility with a disease or physical condition that could negatively impact the health provider. I know of health providers that have been injured (sometimes for life!) by obese patients, or they have been infected with things like HIV, Shingles, Hepatitis C or Tuberculosis. We can't deny treatment, discriminate in any way, even if we can be harmed. Where are our options? Where are our choices? Why should we not have the same rights?! Having no rights leads to upset, depression, and unsatisfactory feelings about one's career. Workflow and patient safety can be impacted negatively if workers feel discriminated against because of their health choices. In the end, every person is responsible for his/her own health. There are smokers, folks who drink, people that take recreational drugs, overeat, don't work out, don't wash their hands or use a tissue when they sneeze. It is simply impossible, nor realistic and definitely immoral to try to control everybody's health; and make no mistake that there will come a time in your life in which the decision that you make on this bill will have an impact on your life as well. So I urge to support choices, not mandates.

Thank you once again for this opportunity to provide testimony on the need for and urgency of House Bill 248.

Sincerely,

Diana Sinclair